

## Girl

32 Count, 4 Wall, Absolute Beginner, Cha Cha  
Choreographer: Iliane Raiza van der Graaf (NL) Sep 08  
Choreographed to: Shake You Down by Gregory Abbott  
CD: Disco Inferno (96 Bpm)

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Intro: 32 counts (start on vocals)

### **WALK, WALK, LOCK STEP FORWARD, ROCK FORWARD, RECOVER, SAILOR ¼ TURN LEFT**

- 1 step forward on right
- 2 step forward on left
- 3 step forward on right
- & lock left behind right
- 4 step forward on right
- 5 rock forward onto left
- 6 recover onto right
- 7 make ¼ turn left, cross left behind right
- & step right to right side
- 8 step left to left side

### **CROSS ROCK, RECOVER, CHASSE, CROSS, ¾ TURN RIGHT, SWEEP, BEHIND, SIDE STEP, CROSS**

- 9 cross rock right over left
- 10 recover onto left
- 11 step right to right side
- & step left next to right
- 12 step right to right side
- 13 cross left over right
- 14 make ¾ turn right
- 15 sweep right behind left
- & step left to left side
- 16 cross right over left

### **SIDE ROCK, RECOVER, CROSS SHUFFLE, CHASSE ¼ TURN LEFT, SHUFFLE ½ TURN LEFT**

- 17 rock left to left side
- 18 recover onto left
- 19 cross left over right
- & step right to right side
- 20 cross left over right
- 21 step right to right side
- & step left next to right
- 22 make ¼ turn left, step back onto right
- 23 make ¼ turn left, step left to left side
- & step right next to left
- 24 make ¼ turn left, step forward on left

### **Option: 1½ TURN LEFT**

- 23 make ½ turn left, step forward on left
- & make ½ turn left, step back onto right
- 24 make ½ turn left, step forward on left

### **½ TURN LEFT WITH SWEEP, TOUCH, LOCK STEP FORWARD, ROCK FORWARD, RECOVER, BEHIND, ¼ TURN RIGHT, STEP FORWARD, STEPFORWARD**

- 25 make ½ turn left, sweep right
- 26 touch right next to left
- 27 step forward on right
- & lock left behind right
- 28 step forward on right
- 29 rock forward on left
- 30 recover onto right
- 31 cross left behind right
- & make ¼ turn right, step forward on right
- 32 step forward on left

