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- 1 - 8 Step Out, Out, Centre, Centre, Step Forw R, Bumps, Step Forw L, Bumps**
1 - 2 RF step diagonally right forward, LF step diagonally left forward
3 - 4 RF return to centre, LF return to centre
5 & 6 RF step forward, bump hips right, left right
7 & 8 LF step forward, bump hips left, right, left
- 9 - 16 Diagonal Kicks L, R, Sailorstep 1/2 R, Diagonal Kicks R, L, Sailorstep 1/4 L**
1 - 2 RF kick diagonally left forward, RF kick diagonally right forward
3 & 4 RF cross behind LF, LF 1/4 right step beside, RF 1/4 right step forward
5 - 6 LF kick diagonally right forward, LF kick diagonally left forward
7 & 8 LF cross behind LF, RF 1/4 right step beside, LF step forward
- 17 - 24 Shuffle R Forw, 1/2 R, Walk Backw, Coasterstep, Walk Forw**
1 & 2 RF step forward, LF step beside RF, RF step forward
3 - 4 1/2 right LF step backward, RF step backward
5 & 6 LF step backward, RF step beside LF, LF step forward
7 - 8 RF step forward, LF step forward
- 25 - 32 Mambostep R Forw, Mambostep L Backw, P-Bump R (Step, Dip, Touch), P-Bump L (Step, Dip, Touch)**
1 & 2 RF rock forward, return weight on LF, RF step beside LF
3 & 4 LF rock backward, return weight on RF, LF step beside RF
5 - 6 RF step right side (bow knees a bit), LF touch left side (raise)
7 - 8 LF step left side (bow knees a bit), RF touch right side (raise)
- ending**
- dance to count 22 (coasterstep), then 1/4 left, RF stomp right side**
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