

TWISTS WITH HEEL SWIVELS & DOUBLE BOUNCES, TWISTS WITH HEEL SWIVELS & SINGLE BOUNCES

- 1 While twisting torso to the right and with knees bent, swivel heels to the left and bounce heels
- 2 Bounce heels in place again
- 3 While twisting torso to the left and with knees bent, swivel heels to the right and bounce heels
- 4 Bounce heels in place again
- 5 While twisting torso to the right, swivel heels to the left and bounce heels once and begin straightening legs
- 6 While twisting torso to the left, swivel heels to the right and bounce heels once and continue straightening legs
- 7 While twisting torso to the right, swivel heels to the left and bounce heels once and continue straightening legs
- 8 While twisting torso to the left, swivel heels to the right and bounce heels once and finish straightening legs

FWD TOE STRUTS WITH TRIPLE HEEL BOUNCES

- 1 Step forward onto ball of right
- 2 Bounce on heel of right in place
- 3 Bounce on heel of right in place
- 4 Bounce on heel of right in place
- 5 Step forward onto ball of left
- 6 Bounce on heel of left in place
- 7 Bounce on heel of left in place
- 8 Bounce on heel of left in place

STEP, SLIDE, STEP, SCUFF, STEP, SLIDE, STEP, TOUCH

- 1 Step forward on right
- 2 Slide left next to right
- 3 Step forward on right
- 4 Scuff left next to right
- 5 Step forward on left
- 6 Slide right next to left
- 7 Step forward on left
- 8 Touch right next to left

SIDE TOUCH, HOME, SIDE TOUCH, HOME, 1/2 MONTEREY TURN RIGHT

- 1 Touch toes of right to the right side
- 2 Step right next to left
- 3 Touch toes of left to the left side
- 4 Step left next to right
- 5 Touch toes of right to the right side
- 6 Pivot 1/2 turn to the right on left and step right next to left
- 7 Touch toes of left to the left side
- 8 Step left next to right

STEP, SLIDE, STEP, SCUFF, STEP, SLIDE, STEP, TOUCH

- 1 Step forward on right
- 2 Slide left next to right
- 3 Step forward on right
- 4 Scuff left next to right
- 5 Step forward on left
- 6 Slide right next to left
- 7 Step forward on left
- 8 Touch right next to left

SIDE TOUCH, HITCH, SIDE TOUCH, HOME, SIDE TOUCH, HITCH, SIDE TOUCH, HOME

- 1 Touch toes of right to the right side

- 2 Hitch right knee across left leg
- 3 Touch toes of right to the right side
- 4 Step right next to left
- 5 Touch toes of left to the left side
- 6 Hitch left knee across right leg
- 7 Touch toes of left to the left side
- 8 Step left next to right

BACKWARD TOE-HEEL STRUTS

- 1 Step back onto ball of right
- 2 Step down on heel of right
- 3 Step back onto ball of left
- 4 Step down on heel of left
- 5 Step back onto ball of right
- 6 Step down on heel of right
- 7 Step back onto ball of left
- 8 Step down on heel of left

HEEL, HOOK, HEEL, TOUCH, HEEL, HOOK, HEEL, HOME

- 1 Tap right heel forward
- 2 Hook right in front of left leg
- 3 Tap right heel forward
- 4 Touch right next to left
- 5 Tap right heel forward
- 6 Hook right in front of left leg
- 7 Tap right heel forward
- 8 Step right next to left

REPEAT