

Get Ya Groove On

64 Count, 2 Wall, Intermediate/Advanced
Choreographer: Travis Taylor (Aus) May 2008
Choreographed to: Shake Your Groove Thing by
Peaches & Herb, 20th Century Masters

ROCK FORWARD & ROCK FORWARD & STEP FORWARD, ½, ½, STEP

- 1-2& Rock right forward, recover on left, step right together
3-4& Rock left forward, recover on right, step left together
5-6-7-8 Step right forward, ½ turn right stepping left back, ½ turn right stepping right forward, step left to left side (rolling forward with no '&' counts)

SAILOR STEP, TOUCH ¾ UNWIND, STEP/DRAW, HOLD/DRAW, BEHIND SIDE CROSS

- 1&2-3-4 Cross right behind left, step left to left side, step right to right side, touch left behind right, ¾ turn left unwind taking weight on left
5-6-7&8 Step right to right side while slowly dragging left to right, hold for count 6 while completing the drag together, cross left behind right, step right to right side, cross left over right

SIDE BEHIND HEEL JACK & CROSS, STEP, HEEL & CROSS, STEP SIDE

- 1-2&3-4 Step right to right side, cross left behind right, step right to right side, touch left heel at left 45, step left together, cross right over left
5-6&7-8 Step left to left side, touch right heel at right 45, step right together, cross left over right, step right to right side

STEP SIDE, BEHIND SIDE, STEP SIDE, BEHIND SIDE, SIDE HIP SWAYS X3, STRIKE A POSE

- 1-2&3-4& Step left to left side, cross right behind left, step left to left side, step right to right side, cross left behind right, step right to right side
5-6-7-8 Step left to left side while swaying hips (groovy sway) left, right, left, hitch right leg so your right foot must be slightly behind like a flick (but your right knee must be up) & snap both fingers down to the side at the same time

¼ TURN RIGHT DOROTHY & PIVOT ½ TURN, LEFT DOROTHY & PIVOT ½ TURN (KEEP WEIGHT)

- 1-2&3-4 ¼ turn right stepping right forward, lock left behind right, step right forward, step left forward, ½ turn right taking weight on right
5-6&7-8 Step left forward, lock right behind left, step left forward, step right forward, ½ turn left leaving weight on right

& TOUCH, ¼ TURN TWIST, HIP & HIP, ¼ TURN, ¼ TURN, ¾ TURN UNWIND

- &1-2-3&4 Step left together, touch right toe back, ¼ turn right twisting both heels to the left, bump hips right-left-right (on the last hip bump to the right, take weight onto right foot)
5-6-7-8 ¼ turn left stepping left forward, ¼ turn left stepping right to right side, touch left behind right, ¾ turn left unwind taking weight onto left foot

& HOP & HOP & BACK (SCOOT) TWIST TWIST, ROCK/REPLACE ½ TURN, SCUFF,(HOP) FLICK

- &1&2&3&4 Scoot left back, step right back, scoot right back foot, step left back, scoot left back foot, step right back foot, twist both heels out, twist both heels in
5&6-7-8 Rock left forward, recover on right, ½ turn left stepping left forward, scuff right foot next to left, do a full turn stepping down on right and flicking left behind right for count 8
Option on count 1-3: you can just walk back right-left-right (leave out the scoots)
Option on count 7-8: scuff right foot through, step down on right while hitching left knee

SHUFFLE FORWARD, PIVOT ½ TURN, SHIMMY FORWARD 5-6, SHIMMY BACK WITH A ROCK BACK/REPLACE

- 1&2-3-4 Shuffle forward left-right-left, step right forward, ½ turn left taking weight on left
5-6-7-8 Shimmy forward for counts 5-6, shimmy back while rocking right back, recover on left
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