

Get Up & Shuffle

32 count, 4 wall, beginner/intermediate level
Choreographer: Chris Cleevely (UK) Dec 04
Choreographed to: Harlem Shuffle by Bob & Earl
(116bpm)

Start on Vocals

Step Left, Together; Step Left, Together; Left Side Shuffle; ¼ Right, Rock, Recover

- 1 - 2 Step left to left side, step right by left
- 3 - 4 Step left to left side, step right by left
- 5 & 6 Shuffle to the left side, stepping left/right/left
- 7 - 8 Making ¼ turn right, rock back on right, recover weight on left

Forward Right Shuffle; Walk, Walk (or Full Turn); Slide, Touch; Step, Touch

- 9 & 10 Forward right shuffle, stepping right/left/right
- 11 - 12 Walk forward on left, walk forward on right (or step forward on left & pivot full turn over right shoulder, step forward on right)
- 13 - 14 Take a large step on left diagonal, slide right towards left
- 15 - 16 Take a small step on left diagonal, touch right by left

Right Side Shuffle; ½ Turn Right, Clap; ½ Turn Right Side Shuffle; ½ Turn Right, Clap

- 17 & 18 Shuffle to the right side, stepping right/left/right
- 19 - 20 Pivot ½ turn right on ball of right foot, step left to left side & clap
- 21 & 22 Making ½ turn right shuffle to the right side, stepping right/left/right
- 23 - 24 Pivot ½ turn right on ball of right foot, step left to left side & clap

Back Right Shuffle; Back Left Shuffle; Walk Back Right, Walk Back Left; Step Forward Right, Touch Left by Right

- 25 & 26 Back right shuffle, stepping right/left/right
- 27 & 28 Back left shuffle, stepping left/right/left
- 29 - 30 Walk back right, walk back left
- 31 - 32 Step forward right, touch left by right