

Ain't Your Mama

48 count, 4 wall, beginner/intermediate level Choreographer: KC Douglas (Aug 2005) Choreographed to: I Ain't Your Mama by Amber Dotson (125 BPM)

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Start on vocals....16 Count lead...(not perfectly phrased)

1-8	LOCK STEP, CURVE BRUSH 1/4 LEFT, LOCK STEP, TOUCH
1-3	Right forward, lock left behind right, right step forward
4	Brush left in a 1/4 curve to the left,
5-8	Left step to left, lock right behind left, left step forward, right toe touch together
9-16	RIGHT-HEEL, BACK, CROSS, SIDE, LEFT HEEL, BACK, CROSS, SIDE
1-4	Right heel forward, right step back, left cross right, right step to right side
5-8	Left heel forward, left step back, right cross left, left step to left side
17-24	TOE POINTS FORWARD, STEPPING BACKWARDS
1-2	Point right toe forward in front of left foot, right step back
3-4	Point left toe in front of right foot, left step back
5-6	Point right toe forward in front of left foot, right step back
7-8	Point left toe forward in front of right foot, right step back
25-32 1-2 3-4 5-6 7-8	TOE PUSHES FORWARD, OUT, OUT, HIP ROLL Push right toe forward, 2X, stepping down on right on 2nd push Push left toe forward, 2X, stepping down on left on 2nd push Stepping forward, step right out to right side, left out to left side Roll hips counter clock wise for 2 counts (Styling tip: Use a lot of attitude, push hips forward while pushing toes, fists can be placed on hips)
33-40	PIVOT 1/2, ROCK STEP, RECOVER, ROCK STEP, RECOVER, PIVOT 1/2
1-4	Right step forward, 1/2 pivot left (weight on left), right rock forward, left recover
5-6	Right rock back, left recover
7-8	Right step forward, 1/2 pivot left
41-48 1-2 3-4 5-6 7-8	TOE PUSHES FORWARD, OUT, OUT, HIP ROLL, (REPEAT OF 25-32) Push right toe forward, 2X, stepping down on right on 2nd push Push left toe forward, 2X, stepping down on left on 2nd push Stepping forward, step right out to right side, left out to left side Roll hips counter clock wise for 2 counts (See styling tips section 4, counts 25-32)

DANCE IT AGAIN MAMA!

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