

Get Up

32 Count, 4 Wall, Intermediate
Choreographer: Dan Morrison (Can) April 2013
Choreographed to: Get Up by Kimberly Davis

Intro: 16

STEP, TOUCH, STEP, RIGHT & LEFT SAILOR (BACK MOTION), BALL-STEP

- 1-3 Step right forward, touch left together, step left back
- 4&5 Right sailor step
- 6&7 Left sailor step
- 8& Cross right behind, step left together

TOUCH, TOUCH, HAT-DANCE, BUMPS, COASTER

- 1-2 Touch right forward, touch right forward
- &3 Step right together, touch left forward
- &4 Step left together, touch right forward
- &5&6 Step right together, touch left forward and hip left, hip right, hip left
- 7&8 Left coaster step

Restart from here on wall 3 (6:00) and wall 7 (9:00)

WALK 2X, ANCHOR-STEP, ½ TURN, ¼ TURN, LEFT SAILOR

- 1-2 Step right forward, step left forward
- 3&4 Step right slightly back, step left in place, step right back
- 5-6 Turn ½ left and step left forward, turn ¼ left and step right side
- 7&8 Cross left behind, step right together, step left side

BEHIND, SIDE, CROSS-SHUFFLE, ¼ TURN, ¼ SCISSOR

- 1-2 Cross right behind, step left side
- 3&4 Cross right over, step left side, cross right over
- 5-6 Step left side, turn ¼ right and step right forward
- 7&8 Step left forward, turn ¼ right and step right together, cross left over

RESTARTS On wall 3 and wall 7, dance first 16 counts, then start again