

**Body Twist Shuffles -moving Slightly Forward**

- 1 & Cross Right Over Left, Cross Left Behind Right,  
2 Step Right Forward  
3 & 4 Repeat, To Right Side  
5 & 6 Repeat Again, To Left, Side  
7 & 8 Repeat Again, To Right Side

**Point, Cross Steps, And Hold**

- 9 - 10 Point Right To Side, Cross Right Over Left,  
& 11 - 12 Step Right To Right Side, Cross Left Over Right, Hold  
& 13 - 14 Step Left To Left Side, Cross Right Over Left, Hold,  
& 15 - 16 Step Right To Right Side, Cross Left. Over Right, Hold.

**Point, Unwind Body Twist Shuffles Forward**

- 17 Point, Cross Steps, And Hold  
18 Cross Left Behind Right  
19 Unwind Half Turn To Left  
20 Hold,  
21 & Cross Right Over Left, Close Left Behind Right,  
22 Step Right Forward,  
23 & 24 Repeat To Right Side

**Toe And Heel Switches, Side Touches With Holds**

- 25 Right Heel Forward, Step Right Beside Left,  
26 Touch Left Toe Back  
& 27 & Bring Left To Right, Right Heel Forward, Bring Right Beside Left  
28 Touch Left Toe Back  
29 - 30 Point Left To Left Side, Hold,  
& 31 - 32 Bring Left. To Right, Point Right To Right Side, Hold

**Kicks And Coaster Steps**

- 33/34 Kick Right Foot Forward, Twice.  
35 & 36 Step Back Right, Step Left Beside Right, Step Forward Right  
37 - 38 Kick Left Foot Forward, Twice  
39 & 40 Step Back Left, Step Right Beside Left, Step Back Left

**Half Paddle Turn To Left Over Eight Beats**

- 41 - 42 Touch Right Toe Forward, Pivot One Eighth Turn Left,  
43 - 48 Repeat Steps 41-42 A Further Three Times, Completing A Half Turn Left."