

HEEL TOE STRUTS

- 1 - 2 Touch right toe forward, raise right ankle beside & slap with right hand
3 - 4 Step right toe forward, step forward onto right dropping heel
5 - 6 Touch left toe forward, raise left ankle beside & slap with left hand
7 - 8 Step left toe forward, step forward onto left dropping heel
9 - 10 Step forward on ball of right keeping left in contact at center position, pivot 1/4 to left taking weight on left
11 - 14 Complete last 2 beats twice (3/4 turn executed)
15 - 16 Bring right foot together with 2 heel bumps in center position
17 - 18 Bronco twist right (or swiggle); twist to the right on the heel of the right foot and the ball of the left foot, then twist back to the center again
19 - 20 Bronco twist left (or swiggle); twist to the left on the heel of the left foot and the ball of the right foot, then twist back to the center again
21 - 22 Rock forward on right, return weight to left at center position
23 - 24 Rock back onto right, return weight to left at center position
25 - 28 Step right to right side, hold, step left behind right, hold
29 - 32 Step right to right side, step left across right, step right to right side bring left together

REPEAT
