

Get Over It

BEGINNER

48 Count

Choreographed to: No Time For Tears by Jo Dee Messina

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1 & 2 3 - 4 5 & 6 7 - 8	SAILOR SHUFFLE 1/4 TURN, BACK FORWARD, SHUFFLE FORWARD, FORWARD PIVOT 1/2 Step left behind right, step right to right starting a 1/4 turn right, complete 1/4 turn right stepping slightly back left Rock/step back right, rock/step forward center left Step forward right, slide/step left beside right, step forward right Step forward left, pivot 1/2 turn right taking weight onto right
1 - 2 3 & 4 5 - 6 7 & 8	FORWARD CORNER, TOUCH BACK, SHUFFLE BACK 1/2 TURN, REPEAT Step left forward into right corner, touch right toe back Step back right-left-right turning 1/2 turn left (facing opposite corner) Step left forward, touch right toe back Step back right-left-right turning 1/2 turn left (now facing original corner)
1 - 2 & 3 & 4 5 - 6 7 & 8	STEP FORWARD TO WALL TOUCH, HEEL JACK, SIDE 1/4 TURN, SHUFFLE 1/2 TURN Turn 45 degrees left stepping forward left to face wall, touch ball of right beside left Step right back, touch left heel forward, step on left, touch ball of right beside left Rock right to right, rock center left turning 1/4 turn left Step forward right, step left next to right turning 1/4 left, turn 1/4 left stepping forward right
1 - 2 3 & 4 5 - 6 7 & 8	ROCK FORWARD CENTER, SHUFFLE BACK, ROCK BACK CENTER, SHUFFLE FORWARD Rock/step forward left, rock/step back center right Step back left, slide/step right beside left, step back left Rock/step back right, rock/step forward center left Step forward right, slide/step left beside right, step forward right
& 1 - 2 3 & 4 & 5 - 6 7 & 8	& BACK BACK, SHUFFLE BACK, & FORWARD FORWARD, SHUFFLE FORWARD Step forward left, step back right, step back left (small but emphasized steps) Step back right, slide/step left beside right, step back right Step back left, step forward right, step forward left (small but emphasized steps) Step forward right, slide/step left beside right, step forward right
& 1 - 2 3 - 4 5 - 8	& CENTER CROSS/STEP, 1/2 TURN SIDE RIGHT, KNEE POPS HOLD Rock left to left, weight to center on right, cross/step left over right Pivot 1/2 turn right on balls of feet, step right to right Pop knees forward left-right-left, hold
	REPEAT
	TAG
1 - 4	/Unfortunately there is a 4 beat tag which happens at the end of the 2nd wall only. You will understand when danced to the music. Pop knees forward right-left-right-left
	/This dance was a spontaneous thing that I did during a slumber party at the Molkner (Peace Train) residence! I felt like choreographing a dance & I heard this song on their stereo. The rest is history. Don't let the tag put you off, as it is worth dancing, & feels great to do.