

## Get Out Today

32 count, 4 wall, improver level

Choreographer: Nick Holoway (UK) April 2007  
Choreographed to: Spread A Little Love Around by  
Darryl Worley (84 bpm)

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16 count intro

**Section 1 Walk forward Right, Left, Right shuffle forward, Left shuffle 1/2 turn right, Right shuffle forward.**

- 1-2 Step forward right. Step forward left,  
3&4 Step forward right. Close left beside right. Step forward right.  
5&6 Shuffle step forward making 1/2 turn right, stepping - left, right, left.  
7&8 Step forward right. Close left beside right. Step forward right.

**Section 2 Walk forward Left , Right, Left shuffle forward Right shuffle 1/2 turn left, Left shuffle forward**

- 1-2 Step forward Left, Step forward Right,  
3&4 Step forward right. Close left beside right. Step forward right.  
5&6 Shuffle step forward making 1/2 turn right, stepping - left, right, left.  
7&8 Step forward right. Close left beside right. Step forward right.

**Section 3 Coaster step forward right, Coaster step left, Rock right, Behind and cross.**

- 1&2 Step forward right. Step left beside right. Step back right.  
3&4 Step back left. Step right beside left. Step forward left  
5-6 Rock to right side on right. Rock onto left in place.  
7&8 Step right behind left, step left to left side, cross right over left.

**Section 4 Left together, Left touch, Coaster step right, Sailor 1/4 turn step left.**

- 1-2 Step left to left side, Bring right beside left.  
3-4 Step left to left side, Touch right beside left.  
5&6 Step back right. Step left beside right. Step forward right.  
7& Step back left making 1/4 turn left. Step right beside left. Step forward left

**Restart** on the back wall after section 2 once only first time round

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