

Get Out

32 count, 4 wall, intermediate level

Choreographer: Alan "Renegade" Livett (UK)

March 2002

Choreographed to: Get Out by Felon; Don't Change Horses by The Bone Shakers, Shake The Planet CD

Cuban Press, Touch-Ball-Press, Step Turn, Out-Out-Centre, Cross.

- 1,2&3 Step forward on L foot (upper body is extended over L foot, R hip pushed back 1), touch R next to L (2), step back in place with R
(&) Step L forward into cuban press (upper body is extended over L foot, R hip pushed back 3). (12 o'clock)
4,5 Step R foot forward (4), pivot $\frac{1}{2}$ turn to L (anticlockwise) (5) (weight stays on R). (6 o'clock)
6,7 Step L to L side (6), step R to R side (7).
&8 Step L to centre and slightly back (&), step R across and in front of L (8). (6 o'clock)

Turn, Rock, Recover, R Shuffle, Step-Spiral, Mambo Step.

- 1 Turn $\frac{1}{4}$ to R (clockwise) on R foot, stepping back with L (1). (9 o'clock)
2,3 Rock back on R (2), recover forward onto L (3). (9 o'clock)
4&5 Step forward R (4), lock L behind R in 3rd pos. (&), step forward R (5).
6,7 Step L forward (6), spiral 360 degrees clockwise (weight stays on L) (7). (9 o'clock)
8&1 Rock forward on R (8), recover onto L (&), step R back (1). (9 o'clock)
*Note: easy option for spiral. Step L forward (6), hold (7).

Reverse $\frac{1}{4}$ turn, Behind-side-cross, $\frac{3}{4}$ Monterey turn, Point.

- 2,3 Touch L toe back (2), turn $\frac{1}{4}$ turn to L (anticlockwise), keeping weight on R leg (3).
4&5 Step L foot behind R (4), step R foot to R side (&), step L across and in front of R (5).
6,7 Point R to R side (6), turn $\frac{3}{4}$ turn clockwise changing weight onto R (7). (3 o'clock)
8 Point L to L side.

Cross, Point, Step, Kick and Tap and Kick and Kick and Tap.

- 1,2 Step L across and in front of R (1), point R to R side (2).
3,4& Step R forward (3), kick L forward (4), step L across and in front of R (&).
5&6 Tap R behind L (5), step R in place (&), kick L forward (6).
&7&8 Step L next to R (&), kick R forward (7), step R across and in front of L (&), tap L behind R (8).
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