

SECTION 1 Walk forward right left, right hip bumps twice, repeat first four counts starting on left

- 1 - 2 walk forward right, left
3 - 4 putting right toe forward, bump right hip forward twice, putting weight onto right foot on second hip bump
5 - 6 walk forward left, right
7 - 8 putting left toe forward, bump left hip forward twice, putting weight onto left foot on second hip bump

SECTION 2 Step half turn step, left side rock cross, right side rock cross, left side rock cross

- 1 & 2 step forward on right foot (1), pivot a half turn left (&), step forward on right foot
3 & 4 rock left foot out to left side (3), return weight onto right foot in place (&) cross step left foot over right (4)
5 & 6 rock right foot out to right side (5), return weight to left foot in place (&), cross step right foot over left (6)
7 & 8 repeat counts 3 & 4 in this section.

SECTION 3 REPEAT SECTION 1**SECTION 4 REPEAT SECTION 2****SECTION 5 Right side step, together, right side shuffle with quarter turn, step quarter turn, left cross shuffle**

- 1 - 2 step right foot to right side, bring left foot in beside right, weight even between feet.
3 & 4 step right foot to right side (3), bring left foot in beside right (&), step right foot to right side making a quarter turn to right (4)
5 - 6 step forward on left foot, then pivot a quarter turn to the right on both feet
7 & 8 cross step left foot over right (7), step right foot slightly to right side (&), cross step left foot over right

SECTION 6 REPEAT SECTION 5**PART B****SECTION 1 Step forward right, left, step back right, left coaster step, right side shuffle, side step left**

- 1 - 3 step forward right (1), step forward left level with right foot (2), step back on right foot (3)
4 & 5 step back on left foot (4), step back on right foot (&), step forward on left foot (5)
6 & 7 step right foot to right side (6), bring in left foot beside right (&), step right foot to right side (7)
8 step left foot in place to left side

SECTION 2 Right sailor step, left sailor step, right foot behind unwind half turn, full triple turn right

- 1 & 2 step right foot behind left foot (1), step left foot slightly to left side (&), step right foot out to right side
3 & 4 step left foot behind right foot (3), step right foot slightly to right side (&), step left foot out to left side
5 - 6 touch right toe behind left foot, then make a half turn over right shoulder, taking weight onto right foot
7 & 8 make a full turn right, stepping left (7) right (&) left (8), or shuffle forward for left (7) right (&) left (8)

SECTION 3 REPEAT SECTION 1 PART B**SECTION 4 REPEAT SECTION 2 PART B****DETAILS RESTARTS AND PHRASING**

for part B come through part A through once, then as far as the end of section 4 (first 32 counts), then bring in part B for part B coming in

Return to part A after dancing part B for the first time, do first eight counts only of part A, then restart A again once, before doing part B twice

Dance part A through as far as count 28 (section 4 count 3 & 4), then restart part A again, dance through once then as far as count 16 (end of section 2), before starting back into part B, dancing part B right through to end of music

It sounds worse than it is, honestly!!! try it, you'll find the music guides you with it, and the restarts and parts A and B turn into a dance no problem (I HOPE!!)