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## Get On That!

Phrased, 4 wall, intermediate level

Choreographer: Bryan McWherter (USA) Dec 2004  
Choreographed to: Good Foot by Justin Timberlake ft.  
Timberland (98 bpm)

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Sequence: A, A, B, A, A, B, A, A, B, A

Note: Dance starts on words "Hey Timbo"

### PART A: (32 counts)

#### SYNCOPATED WEAVE LEFT, CROSS SHUFFLE, ROCK, RECOVER, WEAVE, FULL TURN

1&2&3&4& Cross step right in front of left (1), step left to left (&), cross step right behind left (2),  
step left to left (&), cross step right in front of left (3), step left to left (&),  
cross step right in front of left (4), rock left to left (&),

5&6&7&8& Step right to right (5), cross step left in front of right (&), step right to right (6),  
cross step left behind right (&), make a full turn in place stepping r (7), l (&), r (8),  
step left in place (&).

\*Counts 7&8 - turn should be going clockwise. (Over your right shoulder.)

#### ROCK, RECOVER, STEP BACK / HITCH, SHUFFLE, CROSS, STEP, STEP / KICK, CROSS STEP, ROCK, HOOK

1&2 Rock right foot forward (1), recover weight back onto left (&),  
step right foot back while hitching left knee up (2),

3&4 Shuffle forward L (3), R (&), L (4),

5&6 Cross step right in front of left while making a ¼ turn to your right (5),  
Rock left foot out to left (&), Recover weight back onto right while kicking left leg out  
left side (6),

7&8 Cross step left in front of right (7), rock right out to right side (&),  
hitch right leg behind left (8).

#### STEP, BUMP, BUMP, ¼ TURN, BRUSH, ¼ TURN HITCH, FORWARD, FORWARD, BACK, BACK

1&2 Step right foot to right side while bumping right hip up (1), bump left hip left (&),  
settle on right foot while bumping right hip right (2),

3&4 Step left foot forward making a ¼ turn left (3), brush right foot next to left making a  
¼ turn left (&), hitch right knee up (4),

5-8 Step forward right (5), step forward left keeping feet about shoulder width apart (6),  
step right foot back (7), step left foot back (8).

\* Feet should still be shoulder width apart with weight on left.

#### ROCK, RECOVER, WEAVE, STEP, POP KNEES L - R - L - R

1-2 Rock right foot forward (1), recover weight back onto left (2),

3&4 Cross step right behind left (3), step left foot to left side (&), step right foot next to left  
(4),

5&6& Feet together facing 45 degree angle left bend knees out (5),  
stand up facing 12 o'clock wall (&),

Feet together facing 45 degree angle right bend knees out (5),  
stand up facing 12 o'clock wall (&),

7&8& Repeat counts 5&6&

\*Weight ending on left.

### PART B: (48 counts)

#### TOUCH, TOGETHER, TOUCH, TOGETHER, SIDE, TOUCH, WALK ABOUT

1&2& Touch right toe forward (1), touch right toe next to left foot (&),

Touch right toe out to right side (2), touch right toe next to left foot (&),

3-4 Step right foot to right side (3), touch left toe next to right foot (4),

5-8 Step left foot out to left side making a ¼ turn right (5), step right foot out to right side  
making a ¼ turn right (6), step left foot out to left side making a ¼ turn right (7),  
step right foot out to right side making a ¼ turn right (8).

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**TOUCH, TOGETHER, TOUCH, TOGETHER, SIDE, TOUCH, WALK ABOUT**

- 1&2& Touch left toe forward (1), touch left toe next to right foot (&),  
Touch left toe out to left side (2), touch left toe next to right foot (&),  
3-4 Step left foot to left side (3), touch right toe next to left foot (4),  
5-8 Step right foot out to right side making a ¼ turn left (5), step left foot out to left side  
making a ¼ turn left (6), step right foot out to right side making a ¼ turn left (7),  
step left foot out to left side making a ¼ turn left (8).

\*The above 8 counts are a mirror of the first 8 counts of part B.

**KICK, STEP, LOCK, STEP, KICK, HITCH, CLAP, SIDE, KNEE POPS**

- 1&2& Kick right leg (1), step right foot down (&), lock left behind right (2),  
Step right foot forward (&),  
3&4 Kick left leg out at a 45 degree angle (3), hitch left leg (&), Clap (4),  
5-6 Big step left to left side (5), step right next to left (6),  
7&8& Facing forward, feet together, bend knees & pop them out (7), in (&), out (8), in (&).

**ROCK, RECOVER, ½ STEP, ROCK, RECOVER, ½ STEP, ¼ STEP, ½ STEP, TOUCH**

- 1&2 Rock right foot forward (1), recover back to left (&), make a ½ turn right stepping  
forward onto right (2),  
3&4 Rock left foot forward (3), recover back to right (&), make a ½ turn left stepping  
forward onto left (4),  
5&6 Step forward onto right (5), make a half turn to your left stepping forward onto left(&),  
step right foot to right side making a ¼ turn left (6),  
7-8 Step left foot to left side making a ½ turn left (7), touch right foot next to left (8).

\*Counts 5-8 should be turning over your left shoulder, Turn should also travel towards your 12 o'clock wall.

**CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, STEP ½ TURN, 2 ¼ PADDLES**

- 1&2 Cross rock right in front of left (1), recover weight back to left (&),  
step right to right side (2),  
3&4 Cross rock left in front of right (3) recover weight back to right (&),  
step left to left side (4),  
5-6 Step forward onto right foot (5), make a ½ turn left stepping left forward (6),  
7&8 Make a ¼ turn left touching right toe out to right side (7), hitch right leg up making ¼  
turn left (&), touch right toe out to right side (8).

**CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS SHUFFLE, CROSS BEHIND, UNWIND**

- 1&2 Cross rock right in front of left (1), recover weight back to left (&),  
step right to right side (2),  
3&4 Cross rock left in front of right (3) recover weight back to right (&),  
step left to left side (4),  
5&6 Cross step right in front of left (5), step left to left side (&),  
cross step right in front of left (6),  
&7,8 Step left foot to left side (&), cross s tep right behind left (7), unwind 1 full turn right  
on ball of left foot (8).

\* Weight ending on left, feet next to each other.