

Get Off

32 count, 2 wall, beginner/intermediate level

Choreographer: D-Unit M&M (NL) May 2005

Choreographed to: Get Off by Prince

Sailor step, Cross Full turn, Coaster step, point, hitch ½ turn

- 1 RF cross behind LF
- & LF step next to RF
- 2 RF step to right side
- 3 LF cross over RF
- 4 Full turn over right shoulder on both feet
- 5 LF step backwards
- & RF step close to LF
- 6 LF step forward
- 7 Point RF backwards
- 8 Turn ½ over right shoulder hitch up Right knee

Knee twists, behind and cross, walk, walk

- 1 RF twist out place upper body over RF (Weight on toe RF)
- & RF twist in (Weight on toe RF)
- 2 RF twist out (Weight on toe RF)
- 3 Push weight back on LF
- 4 Pull up Right knee
- 5 RF step behind LF
- & Step LF ¼ to left(facing 3,00 o'clock)
- 6 RF step forward
- 7 Push weight on Right toe stepping LF forward
- 8 Push weight on Left toe stepping RF forward(kind of forward moonwalks)

Out, out, Knee,Jump(in-out), twist

- & RF step to right side
- 1 LF step to left side
- 2 Bend Right knee in Upper body to left side
- 3 Bend Left knee(right leg not fully bended)Upper body to right side
- 4 Push upper boy upwards again
- 5 Jump RF forwards and LF backwards
- & Hitch RF backwards pull up Left knee
- 6 Step LF forwards and RF backwards
- 7 Jump RF forwards and LF backwards
- &Twist both feet out to right side
- 8 Twist both feet to left side(weight ends on LF)

BouncingCross steps, ¾ turn, Step, Walk, Walk

- 1 Step RF cross over LF(pushing weight on Left toe)
- & Put weight on Left toe pushing RF slightly up
- 2 Step Rf to right side(still crossed over LF)
- 3 Turn ¾ over left shoulder(facing 6,00 o'clock)
- & Step RF to right side
- 4 Point LF behind RF as far as you can(LF pointing 9,00 o'clock)
- 5 Slowly put weight on LF(pulling RF slightly clear from the floor)
- 6 RF touch behind LF
- 7 RF cross behind LF
- 8 LF Step to left