

Ain't Too Proud

32 Count, 4 Wall, Improver

Choreographer: Adrian Churm (UK) Jul7 2012

Choreographed to: Ain't Too Proud To Beg by The Temptations, Album: Get Ready; Write My Number On Your Hand by Scotty McCreery (requires Tag & Restart)

32 count intro (Alternative: 48 count intro)

1 Weave left, cross rock, chasse to the right.

- 1 – 2 Step right foot across left, step left foot to the side.
- 3 – 4 Step right foot behind left, step left foot to the side
- 5 – 6 Rock right across left, recover back onto left foot.
- 7 & 8 Chasse to right side R,L,R

2 Weave to left, ball cross, side rock, sailor step (starting to turn left)

- 1 – 2 Step left foot across right, step right foot to the right side
- 3&4 Step left behind right, step ball of right to the right side (and slightly back), step left foot across right.
- 5 – 6 Rock right foot out to the right side, recover onto left.
- 7&8 Starting to turn a ¼ left, cross right behind left, step left to left side, step right foot to the side.

3 Rock back to complete ¼ turn left, Shuffle forward, Syncopated forward rocks.

- 1 – 2 completing ¼ turn left rock back onto left foot recover forward onto right foot.
- 3&4 Shuffle forward L,R,L.
- 5 – 6 Rock forward onto right foot, recover back onto left foot
- &7 – 8 Step right beside left, rock forward onto left, recover back onto right foot.

4 Coaster step, cross rock, syncopated weave right, hitch with slight turn left (1/8th)

- 1&2 Step left foot back, close right to left, step left foot forward.
- 3 – 4 Rock right across left, recover back onto left foot.
- &5&6 Step right foot to the side, step left foot across right, step right foot to the side, step left foot behind right
- &7 – 8 Step right foot to the side, step left foot across right, hitch right knee up (turning slightly to left diagonal)

Note

If you use the Alternative track by Scotty McCreery you will need to add the following on the 4th wall
After completing section 1 then restart from the beginning

- 1 – 2 Rock left foot across right
- 3&4 Chasse L,R,L almost on the spot
- Restart.