

STEP, SLIDE, STEP, TOUCH, STEP, SLIDE, STEP, TOUCH-ALL WITH BODY ROLLS

- 1 - 2 Step right foot to right side-slide left foot next to right
3 - 4 Step right foot to right side-slide left foot next to right, touching left next to right
5 - 6 Step left foot to left side-slide right foot next to left
7 - 8 Step left foot to left side-slide right foot next to left, touching right next to left

/You can do body rolls as you do above steps if you wish.

RIGHT KICK BALL CHANGE, RIGHT LEFT KNEE POPS

- 1 & 2 Kick right foot forward-& step on ball of right foot, lifting left foot slightly off floor-replace left foot on floor changing weight to left foot
3 - 4 Pop right knee forward (push out)-pop left knee forward (push out) while straightening right knee

ROCK FORWARD, ROCK BACK, ROCK BACK, ROCK FORWARD

- 5 - 6 Rock step forward with right foot-rock back onto left foot
7 - 8 Rock step backward with right foot-rock forward onto left foot

RIGHT SHUFFLE, STEP, TURN, STEP, KICK, TOUCH, TOGETHER, TOUCH

- 1 & 2 Right shuffle forward (right, left, right)
3 - 4 Step forward on left foot -1/2 pivot turn right on balls of your feet
5 - 6 Step forward on left foot-kick right foot forward
7 & 8 Touch right toes out to right side-& step right foot beside left-touch left toes to left side

STEP TOGETHER, 2 RIGHT HEEL TAPS, TOE BACK, TURN

- & 1 - 2 Step left foot beside right-tap right heel forward twice
3 - 4 Touch right toe back-reverse pivot 1/2 turn to right, keeping weight on left foot

BODY ROLL, STEP BUMP, BUMP

- 5 - 6 2 count forward body roll
7 - 8 Step right foot to right side while bumping hips to right-bump hips to right again

1 1/4 ROLLING VINE LEFT, TOUCH,. HEEL, TOGETHER, HEEL, TOGETHER, HEEL, HEEL

- 1 - 4 Step left, right, left: while making a 1 1/4 turn to the left to left-touch right toes beside left foot
5 & 6 Touch right heel forward-& step right foot beside left-touch left heel forward
& 7 - 8 Step left foot beside right-touch right heel forward twice

REPEAT