

Get Happy

32 count, 4 wall, intermediate level

Choreographer: Carolyn Richards (UK) 2002
Choreographed to: Get Happy by Zoe Birkett, off
the Pop Idol big band album

20 count intro, then commence dance just as she is about to sing

- 1-4 KICK CROSS, KICK CROSS, BEHIND, SIDE, FRONT, HOLD**
1& Kick right foot out to right diagonal, step right foot in front of left foot
2& Kick left foot out to left diagonal, step left foot in front of right foot
3& Step right foot back behind left foot, step left foot to left side
4& Step right foot in front of left foot, hold
- 5-8 KICK CROSS, KICK CROSS, BEHIND, SIDE, FRONT, HOLD**
5& Kick left foot out to left diagonal, step left foot in front of right foot
6& Kick right foot out to right diagonal, step right foot in front of left foot
7& Step left foot back behind right foot, step right foot to right side
8& Step left foot in front of right foot, hold
- 9-12 STEP, SLIDE, BACK ROCK, STEP, HOLD, CROSS &**
9& Long step with the right foot to the right side, dragging left foot to meet right foot, weight remaining on the right foot
10& Rock back on the left foot, recover weight onto the right foot
11& Step left foot to left side, hold
12& Step right foot in front of left foot, step back on left foot
- 13-16 CROSS, WEAVE, SWEEP, BACK ROCK**
13& Step right foot in front of left foot, bring left foot round in front of right foot
14& Step onto left foot, step right foot to right side
15& Step left foot behind right foot, sweep right toe out and round from front to back finishing behind left foot, being careful not to step back on the right foot as the weight must remain on the left foot
16& Rock back on the right foot, recover weight onto the left foot
- 17-20 JAZZ BOX 1/4 TURN, JAZZ BOX 1/4 TURN**
17& Making a 1/4 turn to the right, cross right foot in front of left foot, step back on left foot
18& Step right foot to right side, step left foot beside right foot
19& Making a 1/4 turn to the right, cross right foot in front of left foot, step back on left foot
20& Step right foot to right side, step left foot beside right foot
- 21-24 POINT CROSS, POINT CROSS, FORWARD ROCK, 1/4 TURN, STEP, SLIDE**
21& Point right toe to right side, step right foot in front of left foot
22& Point left toe to left side, step left foot in front of right foot
23& Rock forward on the right foot, recover weight onto the left foot
24& Making a quarter turn to the right, long step with the right foot to the right side, dragging left foot to meet right foot, weight remaining on the right foot
- 25-28 BACK ROCK, STEP, HOLD, HEEL STRUT, HEEL STRUT**
25& Rock back on the left foot, recover weight onto the right foot
26& Step left foot to left side, hold
27& Step forward on the right heel, drop right toe down taking the weight
28& Step forward on the left heel, drop left toe down taking the weight
- 29-32 FORWARD ROCK, BACK ROCK, HEEL STRUT, HEEL STRUT**
29& Rock forward on the right foot, recover weight onto the left foot
30& Rock back on the right foot, recover weight onto the left foot
31& Step forward on the right heel, drop right toe down taking the weight
32& Step forward on the left heel, drop left toe down taking the weight

On the seventh repetition, to end the dance, dance up to the end of the weave (up to count 15), sweep as you do in the dance but making a half a turn by the right so that you end up facing the front, and instead of a back rock, step onto the right foot and then stamp forward on the left foot

Optional: Finger clicks are recommended when you are doing the point crosses and the heel struts
