

Get Down To The Nitty Gritty

32 Count, 2 Wall, Improver

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Choreographed to: Nitty Gritty by Kimberly Cole
(98 bpm)

32 Count intro – from the Beginning

1. Touch, Touch, Sailor, Touch, Touch, 1/2 Sailor

1 – 2 Touch right forward, touch right side ,

3&4 Cross right behind left, step left side, step right side,

5 -6 Touch left forward, touch left side

7&8 Cross left behind right, turn ½ left stepping right to right side, step forward left [6:00]

2. Charleston, Step Lock , Step Lock Step

1- 2 Swing right touch forward. Step back on right.

3 - 4 Swing left touch back, Step forward left,

5 – 6 Step forward right, lock left behind right,

7&8 Step forward right, lock left behind right, Step right forward right,

3. Step ½ Pivot, Rock & Cross, Step ¼ Pivot , Cross And Heel

1 - 2 Step forward left, pivot ½ right [12:00]

3 &4 Rock left side, recover right, *slightly* cross left over right, 12:00 ,

5 – 6 Step forward right, pivot ¼ left, 9:00

7 &8 Cross right over left, step left side, right heel 45 forward

Restart here on wall 3 facing 9:00

4. & Step, Pivot 1/2 Turn Right, Forward Touch, Step 1/4 Pivot, Step 1/4.

&1 –2 Step ball of right beside left, step forward on left, pivot 1/2 turn right. [3:00]

3 – 4 Step forward on left, touch right side .

5– 6 Step forward right, pivot 1/4 left [12:00]

7 – 8 Step forward right, pivot 1/4 left. [3:00]

Option : Emphasis hips action as you move on the step locks

Restart on wall 3 after 24 counts, after section 3 9:00
