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Get Down

32 count, 4 wall, intermediate level
Choreographer: Craig (Sexyfeet) @ Double C
Stompers

Choreographed to: Get Down by Gilbert
O'Sullivan, Best Of Gilbert O'Sullivan

PADDLE TURNS LEFTx3, R SHUFFLE, CROSS, HOLD & CLICK

- 1& 1/4 Turn left, point right to right side
- 2& 1/4 Turn left as you hitch right beside left, Point right to right side
- 3& 1/4 Turn left as you hitch right beside left, point right to right side
- 4 Touch right foot next to left
- 5&6 Right shuffle forward
- 7-8 Cross left over right, Hold & click

HEEL JACKS x 2, ROCK & RECOVER, R SAILOR STEP

- &1&2 Step small step back onto right, left heel diagonally forward, step left foot in place, cross right foot over left
- &3&4 Step small step back onto left, right heel diagonally forward, step right foot in place, cross left over right
- 5-6 Rock right to right side, recover on left
- 7&8 Step right foot behind left, step left to left side, step right to right side

HEEL SWITCHES, ROCKFWD L, 1/4 RIGHT, LEFT SAILOR, STOMP, KICK

- 1&2& Left heel forward, step left in place, right heel forward, step right in place
- 3-4 Rock forward onto left, recover onto right as you make a 1/4 turn right
- 5&6 Left Sailor step
- 7-8 Stomp right in place (taking weight), Kick left foot to left diagonal

LEFT LOCK STEP, ROCK & CROSS, ROCK FWD L, 3/4 TRIPLE LEFT

- 1&2 Left Lock Step forward
- 3&4 Rock right to right side, recover on left, cross step right over left
- 5-6 Rock forward left, recover on right
- 7&8 3/4 Turn over left shoulder, stepping left right left

Tag: Done once only after 4th wall, you will be back facing 12 o'clock

- 1-4 Grapevine to the right
 - 5-8 Rolling grapevine to the left
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