

## Get A Life!

60 count, 4 wall, intermediate level  
Choreographer: Glynn Rodgers (UK) June 04  
Choreographed to: Gonna Get A Life By Mark Chestnutt

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Start On Vocals

**1-8 Side Strut, Cross Strut, Points, Kick.**

1-2 Touch right toe to right side, drop right heel.  
3-4 Touch left toe over right, drop left heel.  
5-8 Point right toe - Out, In, Out. Kick right foot diagonally forward.

**9-16 Behind, Side, Cross, Hold, Monterey 1/2.**

1-4 Step right behind left, step left to left side, cross right over left, hold.  
5-8 Touch left to left side. On ball of right make 1/2 turn left, stepping left beside right. Touch right to right side. Step right beside left.

**17-24 Samba, Back, Kick, Cross, Triple Turn, Lock Back, Touch.**

1&2 Rock left to left side, recover weight onto right, cross left over right.  
&3 Step back right, kick left forward.  
&4 Step left in place, cross right over left.  
5&6 Triple 3/4 turn over the right shoulder, stepping - Left, right, left.  
7&8 Step back right, cross left over right, step back right.  
& Touch left beside right.

**25-32 3/4 Rhumba Box, Walk Back Clap.**

1-6 Step left to left side, close right to left, step forward left, touch right beside left, step right to right side, close left to right.  
7-8 Step back right, clap hands once.

**33-40 Walk Back Clap, Points, Hook Turn.**

1-2 Step back left, clap hands once.  
3-6 Point right toe, back, side, forward, side.  
7-8 Hook right behind left knee, on ball of left pivot 1/4 turn left with right raised behind left.

**41-48 Grapevine, Turn, Slow Coaster Step.**

1-4 Step right to right side, step left behind right, step right to right side turning 1/4 right, touch left beside right.  
5-8 Step back left, close right to left, step forward left, hold.

**49-56 Monterey 1/2, Walk Clap x2.**

1-4 Touch right to right side. On ball of left make 1/2 turn right, stepping right beside left. Touch left to left side. Step left beside right.  
5-8 Step back right, clap, step back left, clap.

**57-60 Jump Out-Out, Jump In-In.**

&1-2 Jump back stepping - Right, Left. Clap.  
&3-4 Jump forward stepping - Right, Left. Clap.