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- 1 - 8      Cross Kick, Behind Side Cross, Rock Recover, 3/4 Right Sailor Cross**  
1 - 2      Cross R over L, 1/4 turn left on ball of R, kicking L towards left diagonal [9]  
3 & 4      Cross L behind R, Step R to right side, Cross L over R  
5 - 6      Rock forward on R, Recover on L  
7 & 8      1/4 turn right stepping R behind L, 1/2 turn right stepping L to Left side, Cross R over L [6]
- 9 - 16      Side Recover, Cross Shuffle, 1/4 Left, Heel, Heel Switches**  
1 - 2      Step L to left side, Recover on R  
3 & 4      Cross L over R, Step R to right side, Cross L over R  
5 - 6      1/4 turn left stepping back on R, Step L heel forward [3]  
& 7 & 8 &      Step L beside R, Step R heel forward, Step R beside L, Step L heel forward, Step L beside R
- 17 - 24      Step Lock, Step Lock Step (x 2)**  
1 - 2      Step forward on R, Lock L behind R  
3 & 4      Step forward on R, Lock L behind R, Step forward on R  
5 - 6      Step forward on L, Lock R behind L  
7 & 8      Step forward on L, Lock R behind L, Step forward on L
- Optional shoulder pops for counts 3&4 and 7&8**
- 25 - 32      Rock Recover, 1/4 Right Sailor Heel Cross, 1/4 Left, Sailor Step**  
1 - 2      Step forward on R, Recover on L  
3 & 4 & 5       $\hat{A}$  1/4 turn right stepping R behind L, Step L to left side, Step R heel to right side, Step R in place, Cross L over R [6]  
6      Step back on R making 1/4 turn left [3]  
7 & 8      Step L behind R, Step R to right side, Step L to left side
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