

Funkyfied

32 count, 4 wall, intermediate/advanced level
Choreographer: Yvonne Anderson, Adrian Churm &
John 'Growth' Rowell (UK) March 2004
Choreographed to: Fo Sho by Yolanda Adams, Album
Believe (84 bpm); Free by Enrique Iglesias, Album
Seven

Intro 1 second, Main Vocal (Intro: 18 seconds, Main Vocal)

1-8 TOUCH OUT-IN-OUT, BEHIND-1/4 LEFT-STEP, HEEL-SLIDE-TOE-SLIDE, ROCK-RECOVER-CROSS

- 1&2 Touch Right toes to right, & Touch Right toes beside left, Touch Right toes to right [12]
(Optional Arm Styling: 1&2 Flare hands out-in-out at chest level)
- 3&4 Step Right behind left, & Making 1/4 turn left step Left to side, Step Right slightly forward [9]
- 5&6& Step Left heel forward, & Slide Right behind left, Step Left toes back, & Slide Right across left [9]
(Easier option: 5&6& weave side-behind-side-cross)
- 7&8 Rock Left to left, & Recover weight on Right, Step Left across right [9]

9-16 DIAGONAL ROCKS FORWARD & BACK, KICK-BALL-TOUCH, BEHIND- KICK-BALL-CROSS, RONDE-CROSS, BALL PRESS-SWEEP

- 1&2& Rock Right forward to right diagonal, & Recover weight on Left, Rock Right back *(still on diagonal)*, & Recover weight on Left [10.30]
- 3&4 Kick Right forward to left diagonal, & Step Right beside left, Touch Left toes to left [9]
- &5&6 & Step Left behind right, Kick Right forward to left diagonal, & Step Right beside left, Step Left across right [7.30]
- &7-8 & Ronde R from back to front, Step ball of R across left *(bending knees)*, Pushing off from ball of right straighten knees recover weight on Left and sweep Right out to right [9]

17-24 3/4 TURN RIGHT TRIPLE STEP, SIDE STEP, HEEL TOUCH, 1/4 LEFT HIP ROLL, CROSS-COASTER STEP

- 1&2 Make 1/4 turn right on ball of Left stepping Right to side, & Make 1/2 right on ball of right stepping Left to left, Step Right to side [6]
- 3-4 Step Left to left, Swing Right Heel in and tap to floor [7.30]
- 5-6 Making 1/4 left over two counts circle hips back and *around (weight finishes on right with left toe pointed)* [3]
- &7&8 & Step Left across right, Step Right back, & Step Left beside right, Step Right forward [3]

25-32 STEP 1/2 RIGHT-1/2 TURN STEP, COASTER STEP, DIAGONAL LEFT-LOCK-LEFT, STEP-FULL TURN-TOUCH

- 1&2 Step Left forward, & Make 1/2 right (weight on Right), On ball of Right make 1/2 turn right stepping Left back [3]
- 3&4 Step Right back, & Step Left beside right, Step Right forward [3]
- 5&6 Step Left forward to left diagonal, & Lock Right behind left, Step Left forward [3]
- 7&8 Pivot 1/2 turn left on ball of Left, Stepping Right back, & Pivot 1/2 turn left stepping Left forward, Touch Right beside left [3]
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