
Sequence: AABAC AABAC ABAACAA. The count is not 1&2&3 etc. It's 1-2-3-4-5-6-7-8

PART A

ROCK FORWARD, RECOVER, ¼ TURN RIGHT, HOLD, STEP FORWARD, ½ TURN PIVOT, STEP FORWARD, HOLD

- 1-4 Rock forward on right foot, recover on left in place,
¼ turn right stepping forward on right foot, hold
- 5-8 Step forward on the left foot, ½ turn pivot right with right foot taking weight,
step forward on the left foot, hold

HEEL GRIND, STEP BACK, STEP SIDE, CROSS, HITCH, CROSS

- 1-4 Grind right heel diagonally left, fan right foot from left to right diagonal with left foot taking weight,
step back slightly on the right foot, take a small step to the left on left foot
- 5-8 Cross right foot over left, slowly bring left foot to a hitch position
(flexed foot) to the front of right knee over 3 counts

CROSS, ¾ TURN, HOLD, STEP, HOLD, PIVOT, HOLD

- 1-4 Cross left foot over right, begin ¾ turn over left shoulder, stepping back ¼ left on the right foot,
pivoting on ball of right foot, do another ½ turn left with left foot taking weight, hold
- 5-8 Step forward on the right foot, hold, ½ turn pivot left with left foot taking weight, hold

STEP (WITH HIP ROLL), LOCK, STEP (WITH HIP ROLL), LOCK, STEP IN PLACE, STEP OUT/OUT

- 1-2 Step forward on the right foot, rolling right hip to the right, lock left foot behind right
- 3-4 Repeat 1-2
- 5-8 Step back on the right foot in place, step out slightly on left foot, step out slightly on right foot, hold

PART B

HIP PUSH, HOLD, ¼ TURN LEFT, HOLD, ¼ TURN LEFT AND HIP PUSH 2X

- Same as a sway with a push of the hip
- 1-4 Push right hip to the right, hold, ¼ turn left and step forward on left foot, hold
- 5-8 Pivoting on ball of left foot, ¼ turn left and step onto right foot as you push your right hip, hold,
push right hip to right side again, hold

MAKE ¼ TURN/HEEL, STEP/TOGETHER, HEEL, STEP/TOGETHER, MAMBO STEP WITH A HEEL LEAD

- 1-4 With weight on right, ¼ left, touch and step on left heel forward, step right foot together with left,
touch and step on left heel forward again, step right foot together with left
- 5-8 Begin mambo step by rocking forward on right heel, step in place on left foot,
step right foot slightly right back, hold

HIP PUSH, HOLD, ¼ TURN RIGHT, HOLD, ¼ TURN LEFT AND HIP PUSH 2X

- Same as sway with a push of the hip
- 1-4 Push left hip to the left, hold, ¼ turn right and step forward on the right foot, hold
- 5-8 Pivoting on ball of right foot, ¼ turn right and step onto left foot as you push left hip, hold,
push left hip to left side again, hold

STOMP/SWITCHES, HOLD, STEP, HOLD, ½ TURN PIVOT, HOLD

- 1-4 Stomp up with right foot, step on right next to left, stomp up with left foot, step on left next to right 5-8
Step forward on the right foot, hold, ½ turn pivot left with left foot taking weight, hold

PART C

TOUCH, STEP, TOUCH, HOLD, SCUFF, STEP, TOUCH SIDE, HOLD

- 1-4 Touch right foot to right side and bring right arm overhead, step on right foot next to left
and bring right arm down, touch left foot to left side and bring left arm overhead, hold
- 5-8 Scuff left heel forward, step on left foot in place, touch right foot to right side, hold

HEEL, HOLD, FAN, HOLD, HEEL, HOLD, FAN, HOLD

- 1-8 Dig right heel diagonally left into floor, hold, fan toes from left to right and weight right foot, hold,
dig left heel diagonally right into floor, hold, fan toes from right to left and weight left foot, hold

MAKE ½ TURN TRAVELING HEEL, STEP, HEEL, STEP, HEEL, STEP, HEEL, STEP

- 1-4 Traveling a ½ turn (in a slight semi-circle) to the right step right on the right heel,
step left foot together right as you continue travel to the right, repeat stepping to right on right
heel, step left foot together with right
- 5-8 Repeat 1-4
-