

Fulfilled

64 count, 4 wall, intermediate level

Choreographer: ShaBeDa- Shaz Walton- Ben Martin
– Dawn Sherlock (UK) July 2004Choreographed to: Lola's Theme by The
Shapeshifters (Available on CD Single- Radio Edit)**Rock back. Recover. Shuffle ½ turn left. Rock back. Recover. Shuffle forward left.**

- 1-2 Rock back right. Recover on left.
3&4 Making a ½ turn left. Shuffle right- left- right.
5-6 Rock back left. Recover on right
7&8 Step left forward. Step right beside left. Step left forward.

Clockwise walk. Touch. Lunge left. Recover. Drag.

- 1-2-3 Walking clockwise, make a full turn right, stepping r-l-r.
4 Touch left beside right
5-6 Step left to left side & Lunge left.
7-8 Recover to standing position while dragging left foot towards right.

Cross step behind. Point. ¾ Monterey turn right. Knee pops. Step.

- 1-2 Cross step left behind right. Point right to right side
3-4 Make a ¾ turn right stepping right beside left. Point left to left side.
5-6 Pop left knee out. Pop left knee in
7&8 Pop left knee out. Pop left knee in. pop knee out taking weight..

Diagonal kick. Point. Diagonal hitch. ¼ step. ½ turn. ½ turn. ½ turn. ¼ step

- 1-2 Kick right foot diagonally across left. Point right to right side.
3-4 Hitch right knee diagonally across left. Step right ¼ turn right.
5-6 Make ½ turn right stepping back left. Make ½ turn right stepping forward right.
7-8 Make ½ turn right stepping back left. Make ¼ turn right stepping right to right side.

Option*- replace the turns with: walk forward left- right- left. ¼ turn left stepping right to right side.*Touch behind. Step. Touch behind. ¼ step. Touch behind. Step. Touch behind. ¼ step.**

- 1-2 Cross touch left behind right. Step left to left side.
3-4 Cross touch right behind left. Step right ¼ turn right.
5-6 Cross touch left behind right. Step left to left side
7-8 Cross touch right behind left. Step right ¼ turn right

Touch. Twist twist. Hitched rhonde. Cross. Anti clockwise unwind. Clockwise unwind.

- 1&2 Touch left toe forward. Twist heels left. Twist heels right.
3-4 Hitch left knee, take it out & around & cross step it well behind the right.
5-6 Unwind a full turn left.
7-8 Unwind a full turn right. (Weight ends on left)

Option*- replace the unwinds with: step left to left side. Cross touch right behind left. step right to right side. Step left beside right.*Step. Touch. Step. Point. Step. Point. Flexed kick. cross step. ¼ left. Step.**

- 1-2 Step right to right side. Touch left beside right.
&3&4 Step left beside right. Point right to right side. Step right beside left. Point left to left
&5-6 Step left beside right. Kick right out to right side keeping foot flexed (toes pointing up)
Cross step right behind left.
7-8 Step left ¼ turn left. Step forward right.

Step forward. ½ turn right. ½ turn right. Hitch. Forward. Touch. ¼ turn left. Touch.

- 1-2 Step forward left. Pivot ½ turn right.
3-4 Make ½ turn right stepping back on left. Hitch right knee.
5-6 Step back diagonally right with right. Cross touch left over right.
7-8 Make ¼ turn left, stepping left forward. Cross touch right behind left.