

Frozen Heart

32 Count, 2 Wall, Intermediate

Choreographer: Ria Vos (NL) Sept 2013

Choreographed to: Now That You're Gone (Radio Edit) by
Tanya Lacey, single

Intro: 16 Counts (± 10 sec)

Step Fwd, Step Spiral Full Turn R, Step Fwd, Mambo Sweep, Sailor $\frac{1}{4}$ Turn L, Lock, Step to R Diagonal

- 1-2-3 Step Fwd on R, Step Fwd on L Spiral Full Turn R, Step Fwd on R
(non turning option: walk Fwd R-L-R)
4&5 Rock Fwd on L, Recover on R, Step Back on L Sweeping R from Front to Back
6&7 Cross R Behind L, $\frac{1}{4}$ Turn L Step Fwd on L, Step R to R Diagonal
8& Lock L Behind R, Step R to R Diagonal

Cross Rock, & Cross, Full Turn R, Rock Back, Step Pivot $\frac{1}{4}$ Turn L

- 1-2 Cross Rock L Over R, Recover on R
&3 Step L Back and to L Side, Cross R Over L
4&5 $\frac{1}{4}$ Turn R Step Back on L, $\frac{1}{2}$ Turn R, Step Fwd on R, $\frac{1}{4}$ Turn R Step L to L Side
(non turning option: Chasse L Stepping L-R-L)
6-7 Rock Back on R, Recover on L
8& Step Fwd on R, Pivot $\frac{1}{4}$ Turn L

*****Restart Point**

Cross, Sweep Touch Fwd, Step Fwd, Step Pivot $\frac{1}{4}$ L, -Repeat

- 1 Cross R Over L Sweeping L from Back to Front
2-3 Touch L Toe Fwd with Knee Bend (angle body R), Step Fwd on L
4& Step Fwd on R, Pivot $\frac{1}{4}$ Turn L
5 Cross R Over L Sweeping L from Back to Front
6-7 Touch L Toe Fwd with Knee Bend (angle body R), Step Fwd on L
8& Step Fwd on R, Pivot $\frac{1}{4}$ Turn L

Weave L Sweep, Behind-Side, Cross with Hitch, Rock Back, Step Pivot $\frac{1}{2}$ Turn L

- 1-2-3 Cross R Over L, Step L to L Side, Step R Behind L Sweeping L from Front to Back
4&5 Step L Behind R, Step R to R Side, Cross L Over R slightly Hitching R knee
6-7 Rock Back on R, Recover on L
8& Step Fwd on R, Pivot $\frac{1}{2}$ Turn L

Restart: On wall 2 and 6 after count 16& both times facing 12:00