

From Zero To Hero

64 count, 4 wall, intermediate level

Choreographer: Val Hurt (UK) Nov 05

Choreographed to: From Zero To Hero by Sara
Conner, cd Single

32 count intro

Kick Out Out Knee Turn Coaster Step Step ¼ Pivot

- 1&2 Kick right foot forward, step right to right side, step left to left side
3-4 Pop right knee in facing left, Turn right knee out making ¼ turn right
5&6 Step back on right, Close left to right, step right slightly forward
7-8 Step forward on left, Make ¼ turn right stepping right to right side

Cross Shuffle, ¼ Turn X 2 Cross Out Out, Shuffle Forward

- 1&2 Cross left over right, Step right to right side, Cross left over right
3-4 Make ¼ turn left stepping back on right, Make ¼ turn left stepping left to left side
5&6 Cross right over left, Step left to left side, step right to right side
7&8 Step forward on left, Close right to left, Step forward on left

Kick And Point X 2 Step ½ Pivot, Shuffle Half Turn

- 1&2 Kick right foot forward, Step down on right, Point left toe to left side
3&4 Kick left foot forward, Step down on left, Point right toe to right side
5-6 Step forward on right, Pivot half turn left
7&8 Make ¼ turn left stepping right to right side, Close left to right, Make ¼ turn left stepping right to right side

Back Back Coaster Cross, Kick Ball Cross, Side Rock

- 1-2 Slide left foot back, Slide right foot back
3&4 Step back on left, Close right to left, Step left forward
5&6 Kick right foot forward, Step down on right, Cross left over right
7-8 Rock right foot out to right side, Recover to left

Behind And Cross, Side Rock, Sailor Back X 2

- 1&2 Cross right behind left, Step left to left side, Cross right over left
3-4 Rock left out to left side, Recover to right
5&6 Travelling back, Step left behind right, Step right to right side, Step left to left side
7&8 Travelling back, Step right behind left, Step left to left side, Step right to right side

Cross Behind Unwind ¾ Turn, Rock And Step Side, Cross Side Sailor

- 1-2 Cross left behind right, Unwind ¾ turn left
3&4 Cross rock right over left, Recover to left, Step right to right side
5-6 Cross step left over right, Step right to right side
7&8 Step left behind right, Step right to right side, Step left to left side

Cross, Kick Ball Cross X 2, Side Rock, Behind ¼ Turn

- 1-2& Cross step right over left, kick left foot forward, Step down on ball of left foot
3-4& Cross step right over left, kick left foot forward, Step down on ball of left foot
5-6 Cross step right over left, Rock left out to left side
7-8& Recover to right, Step left behind right, Make ¼ turn right stepping forward on right

Step Forward, Skate Right & Left, Chasse, Back Rock Recover, Step Left

- 1-2 Step forward on left, Make skating motion stepping forward on right
3-4& Make skating motion stepping forward on left, Step right to right side, close left to right
5-6 Step right to right side, Rock left behind right
7-8 Recover to right, Step left to left side.
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Tag: 16 Count tag to be danced at the end of 2nd wall
1-8 Kick ball cross x 2, side rock behind & cross
1&2 Kick right foot forward, Step down on ball of right foot, Cross step left over right
3&4 Kick right foot forward, Step down on ball of right foot, Cross step left over right
5-6 Rock right foot out to right side, recover to left
7&8 Step right behind left, Step left foot to left side, Cross step right over left

9-16 Kick ball cross x 2, Side rock behind turn step
1&2 Kick left foot forward, Step down on ball of left foot, Cross step right over left
3&4 Kick left foot forward, Step down on ball of left foot, Cross step right over left
5-6 Rock left foot out to left side, Recover to right
7&8 Cross left behind right, Make ¼ turn right stepping right forward, step forward on left.

Ending dance first 4 counts of the dance cross left over right & unwind 1/2 turn right to bring you to home wall.
