

## From This Day On (aka Loin Cloth Love)

32 count, 4 wall, beginner/intermediate level  
Choreographer: Gaye Teather (UK) Oct 2005  
Choreographed to: You'll Be In My Heart by Phil Collins - Love Songs CD. Also Tarzan soundtrack (97 bpm)

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Dance rotates in CCW direction

### **Side. Touch. Ball Cross. Quarter Right. Quarter Right. Touch. Ball Walk, Walk**

- 1 – 2 Step Right to Right side. (Long step) Touch Left beside Right  
& Step down onto ball of Left foot  
3 – 4 Cross Right over Left. Make Quarter turn Right stepping back on Left (Facing 3 o'clock)  
5 – 6 Make Quarter turn Right stepping Right to Right. Touch Left beside Right (Facing 6 o'clock)  
& Step slightly back on ball of Left foot  
7 – 8 Walk forward Right, Left

### **Forward Rock. Ball. Cross. Back. Ball. Cross. Back. Behind. Quarter Turn Left. Step**

- 1 – 2 Rock forward on Right. Recover onto Left  
& Step slightly back on ball of Right foot  
3 – 4 Cross Left over Right. Step Right back on Right diagonal  
& Step slightly back on ball of Left foot  
5 – 6 Cross Right over Left. Step Left back on Left diagonal  
7 & 8 Cross Right behind Left. Make Quarter turn Left stepping forward on Left.  
Step forward on Right (Facing 3 o'clock)

### **Forward Rock. Coaster Step. Forward Rock. Triple One And A Half Turns Right**

- 1 – 2 Rock forward on Left. Recover onto Right  
3 & 4 Step back on Left. Step Right beside Left. Step forward on Left  
5 – 6 Rock forward on Right. Recover onto Left  
7 & 8 Half turn Right stepping forward on Right. Half turn Right stepping back on Left  
Half turn Right stepping forward on Right (Facing 9 o'clock)

Option: Steps 7 & 8 can be replaced with a shuffle half turn Right stepping Right, Left, Right

### **Forward Rock. Left Lock Step Back. Back Rock. Kick-Ball-Cross**

- 1 – 2 Rock forward on Left. Recover onto Right  
3 & 4 Step back on Left. Lock Right over Left. Step back on Left  
5 – 6 Rock back on Right. Recover onto Left  
7 & 8 Kick Right forward. Step Right in place. Cross Left over Right

**Tag:** At the end of wall 4. Facing 12 o'clock wall

### **Point. Cross. Unwind Full Turn Left**

- 1 – 2 Point Right toe to Right. Cross Right over Left (keeping weight on Left)  
3 – 4 Unwind a Full turn over Left shoulder (weight ends on Left)

Dedicated to Chris Mellors, friend, fellow dance instructor and "musical advisor!"

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