

## Friends Forever

64 Count, 4 Wall, Improver

Choreographer: Rosa Maria Lourdes García (USA) July 2013

Choreographed to: Live Your Life by Mika

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Start dancing on lyrics

- 1 STEP RIGHT FORWARD, LOCK LEFT, STEP RIGHT FORWARD, SCUFF LEFT, STEP LEFT FORWARD, LOCK RIGHT, STEP LEFT FORWARD, SCUFF RIGHT**  
1-4 Step right forward, lock left behind, step right forward, scuff left forward  
5-8 Step left forward, lock right behind, step left forward, scuff right forward
- 2 LEFT & RIGHT ROCK FORWARD, TOE STRUT RIGHT & LEFT FORWARD**  
1-4 Rock right forward, recover to left, rock right back, recover to left  
5-8 Step right toe forward, lower right heel, step left toe forward, lower left heel
- 3 RIGHT FORWARD MAMBO, HOLD, LEFT MAMBO BACK, HOLD**  
1-4 Rock right forward, recover to left, step right together, hold  
5-8 Rock left back, recover to right, step left together, hold
- 4 MAMBO RIGHT, LEFT HOLD & HOLD**  
1-4 Rock right side, recover to left, step right together, hold  
5-8 Rock left side, recover to right, step left together, hold
- 5 STEP RIGHT, HOLD, TOGETHER, HOLD, STEP RIGHT, TOGETHER, STEP RIGHT, HOLD**  
1-4 Step right side, hold, step left together, hold  
5-8 Step right side, step left together, step right side, hold
- 6 STEP LEFT, HOLD, TOGETHER, HOLD, STEP LEFT, TOGETHER, STEP LEFT, HOLD**  
1-4 Step left side, hold, step right together, hold  
5-8 Step left side, step right together, step left side, hold
- 7 4 HEEL STRUT FORWARD, RIGHT & LEFT**  
1-4 Touch right heel forward, step right together, touch left heel forward, step left together  
5-8 Touch right heel forward, step right together, touch left heel forward, step left together
- 8 RIGHT JAZZ BOX TURN ¼ RIGHT & HOLDS**  
1-4 Cross right over, hold, step left back, hold  
5-8 Turn ¼ right and step right side, hold, step left forward, hold
- TAG** After the 2nd and 3rd wall  
1-4 Step right side, touch left together, step left side, touch right together