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- 1 - 2 On right toe roll right hip right, slap right heel down
3 - 4 On left toe roll left hip left, slap left heel down
5 & 6 Right kick ball change right, left (45 degrees angle over left)
7 & 8 Right kick ball change right, left (45 degrees angle over left)

Section 2

- 9 - 10 Step forward right, pivot 1/2 turn over left
11 - 12 Step forward on right toe, slap right heel down
13 - 14 Step forward on left toe, slap left heel down
15 - 16 Moving knees inward, click knees twice

Section 3

- 17 - 18 Step right toe to right side, slap right heel down
19 - 20 Step left toe behind right, slap left heel down
21 - 22 Step right toe to right side, slap right heel down
23 & 24 Left kick ball change forward, left, right
25 & 26 Left kick ball change forward, left, right

Section 4

- 27 - 28 Step forward left, pivot 1/2 turn right
29 - 30 Step forward left, hitch right scooting left
31 - 32 Step forward right, hitch left scooting right
33 - 34 Step left to left side, slap right foot behind left with left hand

Section 5

- 35 - 36 Step onto right turning 1/4 turn right, lock left behind right
37 - 38 Step forward right, bending knees touch hands on floor
39 & 40 Stand upright, clap, clap

Section 6

- 41 & 42 Point left foot left, jump left beside right to point right to right side
& 43 - 44 Jump right beside left to point left to left side, clap

Section 7

- 45 - 46 Jump feet apart, jump feet together crossing right over left
47 - 48 Unwind legs turning 1/2 turn left, kicking right forward

Section 8

- 49 - 52 Step back, right, left, right, touch left foot back
53 - 56 Step forward left, lock right behind, forward left, stomp right