

## Friday Night

Phrased, 4 wall, intermediate level

Choreographer: Winnie Mortensen (Denmark)

Sept 2007

Choreographed to: Friday Night by Lily Allen, CD:  
Alright, Still

---

Sequence: BAA, BA, 1/2B, AA, BAA, B

### PART B

#### WEAVE LEFT, TOUCH, WEAVE RIGHT, TOUCH

- 1-4 Cross right over left, step left on left, cross right behind left, touch left back diagonal  
5-8 Cross left over right, step right on right, cross left behind right, touch right back diagonal

#### CROSS TOUCH LEFT, RIGHT, ¼ TURN BOX STEPS

- 9-12 Cross right over left, touch left to the left, cross left over right, touch right to the right  
13-16 Cross right over left, step left back, step ¼ turn right on right, close left beside right  
17-32 Repeat 1-16

### PART A

#### CHASSÉ RIGHT, BACK ROCK, CHASSÉ LEFT, BACK ROCK

- 1&2-3-4 Step right on right, step left beside right, step right on right, rock left back, recover on right  
5&6-7-8 Step left on left, step right beside left, step left on left, rock right back, recover on left

#### PRISSY WALK RIGHT, LEFT, RIGHT, LEFT WITH ARMS, ¼ TURN BOX STEPS

- 9-12 Step right, left, right and left forward and across  
Arms: both arms in the air, waving  
13-16 Cross right over left, step left back, step ¼ turn right on right, close left beside right

#### BACK JUMPS WITH FUNKY ARMS

- 17-20J ump right back, touch left, jump left back, touch right  
21-24 Repeat 17-20  
Arms: right arm, left arm, right arm, left arm funky up & down

#### ROLLING VINES RIGHT, LEFT

- 25-26 Turn ¼ right and step right forward (3:00), turn ½ right and step left back (9:00)  
27-28 Turn ¼ right and step right to side (12:00), stomp-up left and clap  
29-30 Turn ¼ left and step left forward (9:00), turn ½ left and step right back (3:00)  
31-32 Turn ¼ left and step left to side (12:00), stomp-up right and clap

---

Music download available from iTunes

---