

**KICK-BALL-CHANGES AND STEP, SLIDES**

- 1 & 2 Right kick forward, right step ball of foot next to left raising left slightly off floor, left step in place  
3 - 4 Right long step side right, left slide/touch next to right  
5 & 6 Left kick forward, left step ball of foot next to right raising right slightly off floor, right step in place  
7 - 8 Left long step side left, right slide/touch next to left

**SYNCPATED TOE POINTS, WALK FORWARD, SHUFFLE FORWARD, 1/2 PIVOT RIGHT**

- 1 & 2 Right toe forward, right step next to left, left toe forward  
& 3 - 4 Left step next to right, right step forward, left step forward  
5 & 6 Right step forward, left slide behind right in 3rd position, right step forward  
7 - 8 Left step forward, pivot 1/2 turn right onto right

**FORWARD WALKS WITH HIP SHAKES**

- 1 - 2 Left step forward, right step forward  
& 3 & 4 Left touch next to right, bump hips left twice shifting weight left  
5 - 6 Right step forward, left step forward  
& 7 & 8 Right touch next to left, bump hips right twice, shifting weight right

**KICK, CROSS, UNWIND 3/4 TURN RIGHT, CLAP, SIDE SHUFFLE LEFT, ROCK, STEP**

- 1 - 2 Left kick forward, left cross over right on ball of foot  
3 - 4 Pivot 3/4 turn right onto right, clap hands  
5 & 6 Left step side left, right step next to left, left step side left  
7 - 8 Right rock behind left in 5th position, left step in place

**CROSSING STEPS TRAVELING RIGHT, HEEL JACKS**

- 1 - 2 Right step side right, left step across right  
3 - 4 Right step side right, left step across right  
& 5 & 6 Right step back, left heel forward, left step to center, right toe touch behind left heel  
& 7 & 8 Right step back, left heel forward, left step to center, right toe touch behind left heel

**SIDE LEANS/LUNGES AND FORWARD STEPS****/Styling tip: On the side rocks, lean your body over the rocking foot**

- 1 - 2 Right touch side right rocking weight right, right step forward  
3 - 4 Left touch side left rocking weight left, left step forward  
5 - 6 Right touch side right rocking weight right, right step forward  
7 - 8 Left touch side left rocking weight left, left step forward

**REPEAT**