



Approved by:

Frank Trace

French Toast

4 WALL – 32 COUNTS – BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side Right, Hold, Back Rock, Side Left, Hold, Back Rock		
1 – 2	Step right to right side. Hold.	Side Hold	Right
3 – 4	Rock back on left. Recover onto right.	Rock Back	On the spot
Styling	On rock back, turn slightly to left diagonal, swing both arms back.		
5 – 6	Step left to left side. Hold.	Side Hold	Left
7 – 8	Rock back on right. Recover onto left.	Rock Back	On the spot
Styling	On rock back, turn slightly to right diagonal, swing both arms back.		
Section 2	Walk, Hold, Walk, Hold, Forward Rock, 1/4 Turn, Hold		
1 – 4	Step right forward. Hold. Step left forward. Hold.	Right Hold Left Hold	Forward
5 – 6	Rock forward on right. Recover onto left.	Rock Forward	On the spot
7 – 8	Make 1/4 turn right and step right to right side. Hold.	Quarter Hold	Turning right
Section 3	Left Diagonal Step, Slide, Step, Hold, Right Diagonal Step, Slide, Step, Hold		
1 – 2	Step left forward on left diagonal. Slide right beside left.	Step Slide	Forward
3 – 4	Step left forward on left diagonal. Hold.	Step Hold	
Styling	In gesturing fashion, swing left arm out to left side in a smooth move.		
5 – 6	Step right forward on right diagonal. Slide left beside right.	Step Slide	
7 – 8	Step right forward on right diagonal. Hold.	Step Hold	
Styling	In gesturing fashion, swing right arm out to right side in a smooth move.		
Section 4	Out Left, Hold, Out Right, Hold, Coaster Step, Hold		
1 – 2	Step left out and diagonally forward left. Hold.	Out Hold	Forward
3 – 4	Step right out diagonally forward right. Hold.	Out Hold	
Styling	In gesturing fashion, swing left arm out then right arm out.		
5 – 8	Step left back. Step right beside left. Step left forward. Hold.	Coaster Step Hold	On the spot
Ending	(Facing 12:00) Do first 12 counts of dance, then: Brush right forward, cross touch right over left and pose.		

Choreographed by: Frank Trace (US) August 2011

Choreographed to: 'Mes Emmerdes' by Charles Aznavour from CD Platinum Charles Aznavour; also available as download from amazon.co.uk or iTunes (16 count intro)

Choreographer's note: This dance should be smooth and bouncy, just as if you were walking down the street talking with a good friend



A video clip of this dance is available at www.linedancermagazine.com