

## Ain't Leavin' Without You

Phrased, 4 Wall, Int/Adv (WCS)

Choreographer: Linda McCormack (UK) August 2013

Choreographed to: Ain't Leavin' Without You by Jaheim  
(iTunes)

Count in: 16 count intro.

Dance order: A, A, B, A, A, B, B, A to finish

Notes: Part A will always finish on the next wall in the 4 wall sequence.

Part B is 1 wall and will always finish on the same wall it began.

### Part A

#### **&1 - 8 R Knee pop out- in, L together, R Cross, ¼, together, walk R-L, R sugar push forward.**

- &1, 2 Twist R knee out to right side (&); twist R knee back in with weight remaining on RF (1);  
Step LF together next to RF (you will be slightly angled into L front diagonal);
- 3& 4 Cross RF over LF (3); ¼ turn R stepping back on the LF (to face 3 o'clock) (&); Step RF next to LF (4);
- 5, 6 Walk forward on the LF (5); Walk forward on the RF (6);
- 7& 8 Step LF in and behind RF taking the weight (7); replace weight forward onto RF (&);  
then back again onto LF (8);

#### **&9 – 16 Steps out L-R, L together, R cross, hold and cross. R Behind, ¼ stepping forward on L, ¼ L bumps and sit.**

- &1 &2 Step RF out to R side (&); quickly following the LF stepping out to L side (feet shoulder width apart) (1);  
Step the RF together next to LF (&); quickly following the LF crossing over the RF (2);
- 3 &4 Hold (3); Step RF to R side (&); quickly following the LF crossing over the RF (weight on LF) (4);
- 5, 6 Step RF in place (which should be crossed behind LF) (5); ¼ turn L stepping forward on LF (6) (12:00);
- 7& 8 Turn another ¼ L (to face 9 o'clock) Lift RF bumping hips right and up (7);  
step RF to R side bringing hips back centre (&); Sit down and right into the R Hip (8);

#### **17 – 24 Bump hips L-R-L-R, R forward, L together, swivel ½ turn L (on bent knees), diagonal drag steps back x2, R coaster step.**

- 1& 2& Bump hips L-R-L-R (weight even to finish) (1& 2&);
- 3& 4 ¼ turn stepping forward on the RF (to face 6 o'clock) (3); step LF together with RF (&);  
swivel ½ turn over L shoulder on both feet, with bent knee's so to dip the body slightly (4);
- &5 &6 Straight the knees whilst bringing ball of the RF together with LF (&); Step RF diagonally back to R (5);  
LF follows to meet (&); Step LF diagonally back to L (6); RF follows to meet (&);
- 7& 8 RF steps back (7); LF steps together next to RF (&); RF steps forward (8);

#### **25 – 32 Syncopated rock steps L then R, R cross behind, ¼ forward on L, full 2 turn step to the L (finishing forward on LF)**

- 1, 2 Rock LF to L side (1); recover weight back to RF (2);