

# Freedom

64 Count, 2 Wall, Intermediate, WC Rhythm  
Choreographer: Bracken Ellis Potter and Nancy  
Morgan (Fletcher) (USA) Aug 2010  
Choreographed to: Free by Rizon,  
CD: Free - The Remixes (115 bpm)

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Start: On vocals

- 1 WALK, WALK, SIDE-ROCK-CROSS, SIDE-ROCK-CROSS, OUT-OUT-IN-CROSS**  
1,2 Walk forward – Right, Left  
3&4 Rock Right out to Right side and recover in place to Left, cross/step Right over Left  
5&6 Rock Left out to Left side and recover in place to Right, cross/step Left over Right  
&7&8 Step Right out to Right side; step Left out to Left side (feet should be shoulder width apart);  
step Right to center; cross Left over Right
- 2 BOUNCE 3 IN ½ TURN, ROCK BACK, CROSS, BACK AND CROSS, SIDE**  
1&2 Bounce heels 3 times as you turn ½ turn to Right (weight ends on Left) (Facing 6:00)  
3,4 Rock Right back; recover in place to Left  
5,6 Cross Right over Left; step back on Left  
&7,8 Step Right to Right side; cross Left over Right; step Right to right side
- 3 TOUCH, STEP, SWIVEL, STEP-OUT, ROCK HIPS RIGHT- LEFT, BRING RIGHT KNEE UP  
¼ TURN TO RIGHT, STEP FORWARD**  
1,2 Touch Left next to right; Step Left to left side (pointing Left toes to Left)  
3&4 Swivel heels to left; (&) Step Right next to left; Step Left to left side  
5,6 Rock hips to Right, Rock hips to Left  
7 Make ¼ turn right bringing Right knee up as you lean slightly back on Left  
(Right leg should be in passé [figure 4] position).  
Push Right hand forward into a STOP position, bring Left hand up by your waist and close to  
your body, with hand in a stop position) (Facing 9:00)  
8 Step forward on Right
- 4 STEP BACK ½ TURN TO RIGHT, STEP BACK, COASTER STEP, WALK, WALK,  
SHUFFLE FORWARD**  
1,2 Step back on Left as you turn ½ turn to right; Step back Right (Facing 3:00)  
3&4 Step back on Left; back on Right; forward on Left  
5,6 Walk forward Right, Left  
7&8 Shuffle forward – Right, Left, Right
- 5 KICK-BACK-TOUCH, KICK-BACK-TOUCH, BUMP TURN-STEP, BUMP TURN-STEP**  
1&2 Kick Left foot forward; step back on Left; touch Right next to Left  
3&4 Kick Right foot forward; step back on Right, touch Left next to Right  
5&6 Touch Left to left side bumping hips left; (&) Bring hips center;  
Step on Left as you turn ¼ turn to Right (Facing 6:00)  
7&8 Touch Right to right side bumping hips right; (&) Bring hips center;  
Step Right forward as you turn ¼ turn to Right (Facing 9:00)
- 6 HALF PIVOT, SHUFFLE FORWARD, AND TOGETHER CROSS, QUARTER, HALF**  
1,2 Step Left forward; Pivot half turn right (Facing 3:00)  
3&4 Shuffle forward – Left, Right, Left  
&5,6 (&) Step Right to right side; (5) Step Left next to right; (6) Step Right across (in front of) left  
7,8 Make 1/4 turn right as you step Left back; Make 1/2 turn right as you step Right forward (12:00)
- 7 CAMEL WALK**  
1,2,3 (1) Step Left forward; (2) Lift Left heel up and slide Right instep under Left foot;  
(3) Lift Right heel up as you set Left heel down  
4,5,6 (4) Step back diagonally right on Right; (5) Lift Right heel up and slide Left instep under Right  
foot; (6) Lift Left heel up as you set Right heel down  
7,8 Step Left back diagonally; Touch Right next to left
- 8 STEP, BEHIND, BALL CROSS UNWIND (HALF), RIGHT KICK, STEP BACK, TOUCH,  
LOOK RIGHT, CENTER**  
1,2 Step Right to right side and slightly forward; Step Left behind right  
&3,4 (&) Step Right to right side; (3) Step Left across (in front of) right; (4) Unwind 1/2 turn right,  
weight ending on left (Facing 6:00)  
5&6 Kick Right forward; & Step Right back; Touch Left forward with knee popped  
7,8,& Head looks right; Head looks center' (&) Step forward on Left
- TAG:** (On Wall 3 - You will be facing 6:00 or the wall behind you when you start  
(the 2nd time you hit that wall))  
1,2,3 Step Right shoulder-width from Left, bringing arms crossed in front, then up and out to sides  
4 & Step Right back, bringing elbows back and fists to waist; (&) Step forward on Left
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