

Free To Cha

32 count, 4 wall, intermediate level

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Choreographed to: If You Love Somebody Set Them

Free by Sting (112 bpm)

32 Count intro

Side together, back, forward lock, ¼ pivot turn, cross shuffle

- 1-2 Step left to side, close right beside left
- 3 Step left back and hook right
- 4&5 Step right forward, lock step left behind right, step right forward
- 6-7 Step left forward, pivot ¼ turn right
- 8&1 Cross step left over right, step right to side, cross step left over right

Point, cross, mambo cross, side together, triple ½ turn

- 2-3 Point right to side, cross step right over left
- 4&5 Rock left to left side, recover, cross step left over right
- 6-7 Step right to side, step left beside
- 8& Step right back making ¼ turn left, step left ¼ turn left,
- 1 Step right in place leaving left to touch in front of right

Point side, forward, cross shuffle, side rock, behind side cross

- 2-3 Point left to left side, point left across right
- 4&5 Cross step left over right, step right to side, cross step left over right
- 6-7 Rock right to side, recover
- 8&1 Step right behind, step left to side, cross right over left

2 Claps, side behind side, 2 claps, rock back &

- 2-3 Hold with 2 claps
- 4&5 Step left to side, step right behind, step left to side
- 6-7 Hold with 2 claps (transfer weight onto right)
- 8& Rock left back, recover