

Free Fallin'

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32 Count, 2 Wall, Advanced, WCS Choreographer: Rachael McEnaney, Deborah Szekely & Brennar Goree (Aug 2011) Choreographed to: Free Fallin by John Mayer, Album: Where The Light Is (Live in Los Angeles) (89 bpm)

Count In: 32 counts from start of track - dance begins on vocals "good"

1 – 8 Walk R, hold, walk L, hold, R syncopated jazz box, side R, cross L

- 1, 2, 3, 4 Step forward on right (1), hold (2), step forward on left (3), hold (4)
- Styling: Cross each foot very slightly in front of the other make sure you HOLD
- 5 & 6 & Cross right over left (5), step back on left (&), step right to right side (6), cross left over right (&)
- 7-8 Step right to right side (7), cross left over right (8)
- 9 16 Full turn to R, full turn to L, big step to L, cross R, steps back with sweeps, lunge prep R, full turn fwd L
- & 1 Using weight in both feet rise up on balls of feet making full turn to right (&), lower heels & soften knees completing turn (1) (body is prepped to right)
- 2 & Rise up slightly on balls of feet making full turn to left (2), lower right heel softening knees (&)
- 3-4 Push off right foot taking big step to left with left foot (3), cross right over left (soften knees) (4)
- & 5, 6 Step back on left (soft knee) sweeping right foot round (&), step back on right (soft knee) sweeping left foot round (5), step back on left (soft knee) sweeping right foot round (6)
- Step back on right foot bending both knees (left is still slightly forward) as you sway upper body almost ¼ turn to right (7)
- & 8 & Step forward on left (&), make ½ turn left stepping back on right (8), make ½ turn left stepping forward on left (&) 12.00

17 – 24 Press lunge fwd R, recover, ½ turn R, ¾ syncopated turn R, L cross rock side, 'Elvis' knees

- 1-2 Press forward with bent knee on right foot (angle upper body left) (1), recover weight onto left (2), 3 a 4 Make $\frac{1}{2}$ turn right stepping forward on right (3), make $\frac{1}{2}$ turn right stepping back on left
- (a a is a count after &), make ¼ turn right stepping right to right side 3.00
 5 & 6
 Cross rock left over right (5), recover weight onto right (&), step left to left side (6)
- Styling: Make these counts feel like a "triple step" roll through the balls of the feet
 7 8 Pop right knee in towards left (hip goes left, but still a little weight on ball of right) (7), pop left knee in toward right (hip goes right but still a little weight on ball of left)
 "Elvis style knee pops"

25 – 32 Cross behind R, step L to L side, oversway upper body to L, full turn R, L mambo, touch back R, $\frac{1}{2}$ turn

- & 1, 2 Take weight into ball of left as you cross right foot behind left (&),
- step left to left side (soften knee) (1), sway all of upper body ¹/₄ turn to left (2) 3.00
- 3 Make ³/₄ turn to right transferring weight onto right foot bringing left leg up to right calf in figure 4 position (3) 12.00
- 4 & 5 Rock forward on left (4), recover weight onto right (&), step back on left (5))
- Styling: Make these counts feel like a "triple step" roll through the balls of the feet 12.00
- 6, 7, 8 Touch right toe back (bending both knees slightly) (6), make ½ turn to right rising up on balls of feet (7), lower heels down taking weight back onto left (8)

OPTION: If you would like to add more styling or make it a little harder you could make 1 ½ turns to right (spiral) – or more 6.00

- **TAG:** At the end of wall 1 you will be facing back do the following 8 count tag
- 1, 2, 3, 4 Step forward on right (1), hold (2), step forward on left (3), kick right foot to right diagonal (4) 6.00
- & 5 Step right next to left (&), step forward on left (step on outside edge of foot rolling knee to left) (5)
- & 6 Step forward on right (step onto outside edge of foot rolling knee to right) (&), step forward onto ball of left (6) 6.00
- 7-8 Push off left foot and take big step back on right (7), step left next to and slightly behind right (8)

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