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Free

40 count, 4 wall, Intermediate level
Choreographer : Ed Lawton (Aka The Urban Cowboy) & Adrian Churm (UK) 2001
Choreographed to : Free by Billy Curtis, Wake Up CD (101 bpm)

SIDE SHUFFLE, SAILOR, WEAVE, SWITCHS

- 1&2 Step right to right, Step left to right, Step right to right.
3&4 Step left behind right, Step right to right, Step left to left
5&6 Step right behind left, Step left to left, Step right over left
7&8 Touch left toe to left, Step left next to right, Touch right toe to right

HEEL JACKS X 3 1/2 PIVOT TURN

- &9& Step back on right, Step left over right, Step diagonally back on right
10&11 Touch left heel diagonally forward, Step back on left, Step right over left
&12& Step diagonally back on left, Touch right heel diagonally, Step back on right
13&14 Step left over right, Step diagonally back on right, Touch left heel diagonally forward
&15-16 Step left next to right, Step forward on right, Pivot 1/2 turn left

ROCK STEP, COASTER, SHUFFLE, ROCK ROCK 1/2 TURN

- 17-18 Step forward on right, Rock back on left
19&20 Step back on right, Step left next to right, Step forward on right
21&22 Shuffle forward on left, Right, Left
23&24 Step forward on right, Rock back on left, Make 1/2 turn right with right

1/2 TURN X 2, SHUFFLE, 1/2 PIVOT TURN, SHUFFLE 1/4 TURN

- 25-26 Step forward making a 1/2 turn right, Step back on right making a 1/2 turn right
27&28 Shuffle forward on left, Right, Left
29-30 Step forward on right, Pivot 1/2 turn left
31&32 Shuffle forward on right, Left, Right, on the last step make a 1/4 turn right

TOUCH X 3, SAILOR CROSS UNWIND, SIDE TOGETHER

- 33&34 Touch left toe to left, Touch next to right, Touch left to left side
35&36 Step left behind right, Step right to right, Step left to left
37-38 Step right over left, unwind a full turn left
39-40 Step right to right side, Step left next to right.