

## Four Minutes

32 Count, 4 Wall, Intermediate

Choreographer: Merete Sevel (July 2009)

Choreographed to: 4 Minutes by Madonna featuring  
Justin Timberlake

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Start dancing on lyrics

### **CROSS BEHIND, UNWIND FULL TURN RIGHT, OUT-OUT, POP KNEE, ¼ TURN LEFT, COASTER STEP**

- 1 Cross right behind left
- 2-3 Unwind full turn right (end with weight on left)
- &4 Small steps out, out (right, left)
- &5 Pop right knee in then out
- 6 ¼ turn left on both feet (end with weight on right)
- 7&8 Coaster step with prep (left, right, left) (9:00)

### **FULL TURN RIGHT, ¼ TURN RIGHT, CHASSÉ, STEP, ¾ SPIN TURN LEFT**

- 1 Step forward on right making ¼ turn right
- 2 Step left back making ¼ turn right
- 3 Step forward on right making ½ turn right (9:00)
- 4 Step forward on left
- 5&6 ¼ turn chassé to the right (12:00)
- & Small step forward on left
- 7 Turn ¾ turn left on ball of left (3:00)
- 8 Step right next to left (weight on right)

### **HITCH/SLAP TWICE, FUNKY STEPS TWICE, SHOULDER POPS, ¼ TURN LEFT LOCK STEP BACK**

- &1 Hitch left and slap it with left hand, touch left down
- &2 Hitch left and slap it with left hand, step down on left
- 3-4 Funky steps forward right - left
- 5&6 Pop shoulders right, left, right (weight on right)
- 7&8 ¼ turn left on ball of right locking left across right, step right back, lock left over right (12:00)

### **¼ TURN LEFT TWICE, HITCH, CROSS, STEP BACK, ¼ TURN RIGHT, CROSS, UNWIND FULL TURN, SWEEP**

- 1 ¼ turn left step right back
- 2 ¼ turn left step forward on left (6:00)
- 3 Hitch right around
- 4 Cross right over left
- 5 Small step left back
- & ¼ turn right on right (9:00)
- 6 Cross left over right
- 7 Unwind full turn right (weight on left)
- 8& Sweep right around

### **Finish**

Instead of unwinding a full turn just unwind ¾ turn and touch right to right side (12:00)