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Forgotten Footsteps (Shake Your Reykjavik!)

64 count, 4 wall, intermediate/advanced level Choreographer: Christopher Petre (USA) Aug 2004 Choreographed to: Big Time Sensuality by Bjork -Debut CD (118 bopm); Love Train by Big & Rich -Horse Of A Different Color CD

Count In:Big Time Sensuality - Start after 16 counts, Love Train - Start 16 counts after guitar comes in

& RIGHT HEEL-HOLD, & LEFT TOE, & RIGHT HEEL, & LEFT HEEL-HOLD, & POINT RIGHT SIDE, & POINT LEFT SIDE

- &1-2 Step left slightly back to left, touch right heel diagonally forward, hold
- &3 Step right in place next to left, touch left toe next to right heel
- &4 Step slightly back on left, touch right heel diagonally forward
- &5-6 Step right in place next to left squaring off to front wall, touch left heel forward, hold
- &7 Step left in place next to right, point right toe out to right side
- &8 Step right in place next to left, point left toe out to left side

& % LEFT POINT RIGHT SIDE-HOLD, SYNCOPATED VINE, % LEFT STEP LEFT, FULL TURN LEFT HITCH, RIGHT SHUFFLE

- &1-2 Turning ¼ left, step left in place next to right and point right toe to right side, hold
- 3&4 Step right behind left, step left to left side, cross step right in front of left
- 5 Turning ¼ left step forward left, keep right shoulder back (prep for turn)
- Hitch right knee as you complete one full turn left on ball of left foot (easier if you lift knee higher on the & count)
- 7&8 Shuffle forward right, left, right (facing rear wall, 6:00)

ROCK-RECOVER, ½ LEFT SHUFFLE, STEP RIGHT, ½ LEFT CHAINÉ TURN, ½ TURN LEFT TOUCH LEFT TOE. STEP LEFT

- 1-2 Rock forward on left recover weight onto right
- 3&4 Turning ½ left shuffle forward left, right, left
- 5-6 Step forward right, turn ½ left keeping weight back on right
- Styling: lean forward & push hips back sweeping your backside around. Then straighten up for 7
- 87-8 Turning ½ left (&,) tap ball of left foot slightly forward of right foot (let this stop your momentum), step forward (not in place) with left (front wall, 12:00)

STEP RIGHT, ¼ RIGHT HITCHING LEFT, CROSSING SHUFFLE, & LEFT HEEL-HOLD, & RIGHT TOE, & LEFT HEEL

- 1-2 Step forward right, hitch left knee turning ¼ right
- 3&4 Step left in front of right, step right to right side, step left in front of right
- &5-6 Step right to right side, touch left heel diagonally forward, hold
- &7 Step left in place next to right, touch right toe next to left heel
- &8 Step slightly back on right, touch left heel diagonally forward

& RIGHT HEEL-HOLD, & $^{\prime\prime}$ RIGHT POINT LEFT, & POINT RIGHT, & $^{\prime\prime}$ RIGHT POINT LEFT-HOLD, SYNCOPATED VINE

- &1-2 Step left in place next to right squaring off to side wall, touch right heel forward, hold
- $\mbox{\ensuremath{\$}}$ Turning $\mbox{\ensuremath{\%}}$ right, step right in place next to left and point left toe to left side
- &4 Step left in place next to right, point right toe out to right side
- &5-6 Turning ¼ right, step right in place next to left and point left toe to left side, hold (9:00)
- 7&8 Step left behind right, step right to right side, cross step left in front of right

BUMP & FLICK, SYNCOPATED VINE, BUMP & FLICK, 1/4 LEFT SAILOR JACK

- 1&2 Bump right hip down pressing right to right side, shift weight to left, bump right hip up flicking right leg out to side
- 3&4 Step right behind left, step left to left side, cross step right in front of left
- 5&6 Bump left hip down pressing left to left side, shift weight to right, bump left hip up flicking left leg out to side
- 7&8 Step left behind right, turning ¼ left step right in place, touch left heel forward

& RIGHT HEEL-HOLD, & LEFT TOE, 1/2 TURN LEFT RIGHT TOE, & LEFT HEEL-HOLD, & CROSS & JACK

Step left in place next to right, touch right heel forward, hold
Step right in place next to left and touch left toe next to right heel
Turning ½ left step left in place, touch right toe next to left heel
Step right in place next to left squaring off to front wall, touch left heel forward, hold
Step slightly back on left, step right in front of left, step left to left, touch right heel diagonally forward

& CROSS & BEHIND & JACK-HOLD, & RIGHT HEEL, & LEFT TOE, $\frac{1}{2}$ TURN LEFT RIGHT TOE, & LEFT HEEL& $\frac{1}{4}$ LEFT

&1&2
&3-4
&5 tep right to right, touch left heel diagonally forward, hold
&5
&6
&7
&8 tep right in place next to left and touch left toe next to left heel
&8 tep right in place next to left and touch left toe next to right heel
&7
&8 tep right in place next to left and touch right toe next to left heel
&8 tep right in place next to left squaring off to rear wall (6:00), touch left heel to forward, turning ¼ left stepping back on left* (facing 3:00 wall)

Notice that the "and" counts, before count 1 and after the last count 8 of the dance, are one in the same. You will always turn ¼ left to restart the dance, except at the beginning

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