

## Forget Me Not!

32 count, 4 wall, Intermediate level  
Choreographer : Kim Ray (UK) August 2001  
Choreographed to : Forget Me Not by Gary Perkins & The Breeze, Free to Love CD

---

### **SIDE, KICK, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD**

- 1-2 Step left to left side, kick right to right diagonal  
3&4 Shuffle back, right, left, right  
5-6 Rock back on left, recover onto right  
7&8 Shuffle forward, left, right, left

### **¼ PIVOT TURN, CROSS ROCK, ¾ STEP TURN, STEP FORWARD**

- 9-10 Step forward on right, ¼ pivot turn left (weight on left)  
11-12 Cross rock right over left, recover back onto left  
13-14 ¼ turn right stepping on right, ¼ right stepping onto left  
15-16 ¼ turn right stepping on right, step forward onto left  
(Optional: 13-15 rock alternate shoulders on each step)

### **SHUFFLE FORWARD, ROCK STEP, TOUCH TURN, FULL SPIN**

- 17&18 Right shuffle forward, right, left, right  
19-20 Rock forward on left, recover back onto right  
21-22 Touch left toe back, ½ turn left stepping down on left  
23-24 Full spin left stepping right, left

### **¼ TURN TOUCH STEP, STEP BACK, HEEL TAP, STEP TURN, TRIPLE TURN**

- 25-26 ¼ turn left and touch right toe in place, step down on right  
27-28 Step back on left (leaning slightly back/facing left diagonal), tap right heel forward  
(alternative: kick right forward)  
29-30 Step on right (slightly forward & across of left) starting to turn right, step back on left  
(completing ½ turn right)  
31-32 Triple step, right, left, right making ½ turn right (steps 29-32 moving to left)

---

### **TAG SIDE STEPS & HOLDS, SIDE ROCK, SAILOR CROSS**

- 1-2& Step left to left side, hold, step right next to left  
3-4& Step left to left side, hold, step right next to left  
5-6 Rock left to left side, recover onto right  
7&8 Cross left behind right, step right to right side, cross left in front of right

- 9-16 Repeat Tag 1-8 leading with right
- 

Dance TAG once after wall 10 after instrumental finishes (you will be facing back wall). Start DANCE again from back wall a further FOUR times. Dance tag (facing back wall) once, then first 8 counts of TAG again. For a nice finish, unwind ½ turn right (to face front) arms up.