

Website: www.linedancerweb.com

Forget Her

BEGINNER 48 Count

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POINT, KNEE, POINT, KNEE; STEP RIGHT, DOWN, CROSS DOWN 1 Right toes touch to right side 2 Right knee bends up crossing in front of left leg 3 - 4 Repeat counts 1-2 5 Right foot steps on ball of foot to right side 6 Right heel steps to floor weight transferring to right foot 7 Left foot crossed in front of right foot stepping on ball of foot Left heel steps to floor weight transferring to left foot 8 STEP RIGHT, DOWN, COASTER TURN; RIGHT TOE AND HEEL, SHUFFLE RIGHT, LEFT, RIGHT Right foot steps on ball of foot to right side 1 2 Right heel steps to floor weight transferring to right foot 3 Coaster turn: left foot steps on ball of foot crossing behind right foot making 1/8 turn to left & Right foot steps on ball of foot next to left completing 1/4 turn to left 4 Left foot steps forward Right foot slides along floor and right toes touch forward 5 & Right foot slides back and touches next to left foot 6 Right foot slides along floor and right heel touches forward Shuffle forward: right foot steps forward 7 & Left foot slides in next to right foot taking weight 8 Right foot steps forward LEFT TOE AND HEEL, SHUFFLE LEFT, RIGHT, LEFT; BRUSH, STEP 4TH, PUMP AND PUMP 1 Left foot slides along floor and left toes touch forward & Left foot slides back and touches next to right foot 2 Left foot slides along forward and left heel touched forward 3 Shuffle forward: & Right foot slides in next to left foot taking weight 4 Left foot steps forward 5 Right foot brushes forward (for styling: turn right knee in as you brush) Right foot steps back to 4th position (for styling: swing leg slightly out to right and back to step) 6 7 Hips thrust forward and up with knees bent & Hips continue around to back and down knee still bent Hips thrust forward and up as you straighten legs and step onto left foot 8 ROCK, RECOVER, 1/2 TURN-CHA-CHA; CROSS, BACK, DRAG, STEP 1 Rock forward onto right foot stepping slightly in front of left foot 2 Recover (rock back) onto left foot Make 1/2 turn to right as you step onto right foot 3 & Left foot steps in place Right foot steps in place 4 5 Left foot crosses in front of right foot taking weight Right foot takes big step back and slightly to the right 6 7 Left foot drags along floor toward right foot 8 Left foot steps next to right foot KICK AND HEEL AND CROSS STEP LEFT; BUMP LEFT, RIGHT, LEFT-RIGHT-LEFT Right foot kicks forward and across left foot low to floor 1 & Right foot steps next to left foot 2 Left heel touches forward and slightly to the left & Left foot steps next to right foot 3 Right foot cross in front of left foot taking weight 4 Left foot steps to left side 5 Hips bump to left side 6 Hips bump to right side

RIGHT KNEE ROLL, LEFT KNEE ROLL; POINT, CROSS, UNWIND, HOLD

7 & 8

Hips bump left, right, left

1 - 2 Right knee rolls in, forward, and to the right stepping onto right foot
3 - 4 Left knee rolls in, forward, and to the left stepping onto left foot
5 Right toes touch to right side
6 Right foot crossed in front of left foot
7 Unwind full turn onto left foot
8 Hold (clap or snap optional)

REPEAT

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