

Forget All Your Yesterdays

48 Count, 2 Wall, Improver, Waltz

Choreographer: Beth Mills (Aus) April 2001

Choreographed to: Someone Must Feel Like AS Fool Tonight
by Kenny Rogers, Album: Back Home Again

Dance Beat: slow

1 Twinkle, twinkle (side waltz with a cross):

1- 3 Cross LEFT over RIGHT, step RIGHT together, step LEFT together,
4- 6 Cross RIGHT over LEFT, step LEFT together, step RIGHT together,

2 Waltz forward with L 1/2 turn, waltz forward with R 1/2 turn:

5- 8 Step LEFT forward, make 1/2 turn LEFT & step RIGHT back, step LEFT together,
9-12 Step RIGHT forward, make 1/2 turn RIGHT & step LEFT back, step RIGHT together,

3 Vine right, 1/2 turn, rock:

13-15 Cross LEFT over RIGHT, step RIGHT to RIGHT side, cross LEFT behind RIGHT foot,
16-18 Step RIGHT to RIGHT, make 1/2 turn RIGHT & step LEFT to LEFT, rock/step RIGHT to RIGHT side,

4 Vine right, 1/2 turn, rock:

19-21 Cross LEFT over RIGHT, step RIGHT to RIGHT side, step LEFT behind RIGHT foot,
22-24 Step RIGHT to RIGHT, make 1/2 turn RIGHT & step LEFT to LEFT, rock/step RIGHT to RIGHT side,

5 Waltz to right diagonal, waltz back with 1/2 turn:

25-27 Make 1/8 turn RIGHT & step LEFT forward, step LEFT together, step RIGHT together,
28-30 Step RIGHT back, make 1/2 turn RIGHT & step LEFT together, step RIGHT together,

6 Waltz forward (facing diagonal), waltz back with 5/8 turn:

31-33 Step LEFT forward, step LEFT together, step RIGHT together,
34-36 Step RIGHT back, make 5/8 turn LEFT & step LEFT together, step RIGHT together
[to face starting wall],

7 Slow sailor, slow sailor:

37-39 Cross LEFT behind RIGHT, step RIGHT to RIGHT side, rock/step LEFT to LEFT side,
40-42 Cross RIGHT behind LEFT, step LEFT to LEFT side, rock/step RIGHT to RIGHT side,

8 Behind, 1/4 turn, 1/4 turn waltz back:

43-45 Cross LEFT behind RIGHT, 1/4 turn RIGHT & step RIGHT forward,
make 1/4 turn RIGHT & step LEFT together,
46-48 Step RIGHT back, step LEFT together, step RIGHT together.