

Out Out Clap, Out Out Clap, Shuffle, Rock Recover

- 1-2 Jump fwd, right then left - clap
- 3-4 Jump back, right then left - clap
- 5&6 Shuffle back 45 deg left - L, R, L
- 7&8 Rock back on R - Rock fwd on left

Hip Hip Together, Clap, Hip Hip Together, Clap

- 1-4 Step fwd on R - 45 deg with two hip rolls, Bring L next to R
- 5-8 Step back on R - 45 deg with two hip rolls, Bring L next to R

Travelling Dwights To Count Of Eight ie Toe Hold, Heel Hold, Toe Heel, Toe Heel

- 1-4 R toe pointing in - hold, R heel pointing out - Hold
- 5-8 R toe pointing in, R, heel pointing out, R toe pointing in - R heel pointing out

Four Backwards Sailors ie, R Sailor, L Sailor, R Sailor, L Sailor

- 1&2 Step R behind L, Step L to side, Step R in place
- 3&4 Step L behind R, Step R to side, Step L in place
- 5&6,7&8 Repeat steps 1 to 4

Kick Touch, Kick Touch, Step Turn, Stomp Clap

- 1-2 Kick R to right side, touch R next to L
- 3-4 Kick R fwd, touch R next to L
- 5-8 Step fwd on R, pivot ¼ left then Stomp R next to L then clap

Shuffle, Step Turn, Point And Point, ½ Turn, Heel And Toe

- 1&2 Shuffle fwd on R - R.L.R.
- 3-4 Step fwd on L and ½ turn pivot Right
- 5&6& Point L toe to L side - Jump on L leg and Point R toe to R
- 7&8 Jump on R leg, ½ turn to L with weight on R and Left heel fwd, step on L - Right Toe back.