

## Forever And A Day

56 Count, 4 Wall, Improver

Choreographer: Chas. Oliver (UK) March 2012

Choreographed to: Forever And A Day by Kelly Rowland

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Intro 16 counts from the Drum Taps.

**1 Grapevine Right tap Left next to right, touch Left forward, side, behind, and unwind 1/2 turn left.**

1-2-3-4 Step right to side, cross Left behind, step right to side, touch left next to right

5-6-7 -8 Tap Left forward, tap left to side, cross left behind right, unwind ½ turn left

**2 Grapevine Right tap left next to right, touch left forward, side, behind, and unwind ½ turn left.**

**1-8 Repeat section 1**

**\*\* Restart:** Wall 6 starts from beginning again.)##

**3 Walk back R.L.R. Tap left next to right. Point left to side, cross left over right Point right to side, cross right over left.**

1-4 Walk back right, left, right, tap left next to right,

5-8 Point left to side, cross left over right point right to side cross right over left.

**4 Walk forward left, right, left, tap right next to left. Point right to side, cross right behind left, point left to side, and tap left next to right.**

1-4 Walk forward L.R.L. tap right next to left,

5-8 Point right out to side, cross right behind left, point left to side, tap left next to right.

**5 ¼ turn left, left toe strut, ¼ turn left stepping right to side, left next to right. Swivel right, toe heel toe centre.**

1-4 Make ¼ turn left step left toe forward drop heel, make ¼ turn left stepping right to side, step left next to right.

5-8 Swivel feet together right, toes heels toes centre.

**6 ¼ turn left, left toe strut, ¼ turn left stepping right to side step left next to right, swivel right toe heel toe centre.**

1-8 Repeat Section 5

**\*\* Restart:** Wall 3 restart here#

**7 Weave right, make ¼ turn right x2, behind side ¼ turn, step forward right ½ turn left and cross left over right.**

1-4 Step right to side, step left behind right, make ¼ turn right stepping onto right, make another ¼ right, stepping onto left.

5-8 Step right behind left, make ¼ turn left stepping on left, step forward right ½ turn left step left across right.

**Restart** on wall three after 48 counts. #

**Restart** and tag on wall 6. Do the first 16 counts, and then restart again. ##