

Forbidden Fruit

64 count, 4 wall, intermediate level
Choreographer: Neil Cook (UK) March 2005
Choreographed to: Push It by Salt n Pepa

Start: On Main Beat (32 Secs)

Section 1 Right touch, hook, and left touch, hook, left hip bumps with lean, hold, lean back

- 1 Touch right out to right side
- 2 Hook right behind left
- &3 Step down on right, and hook left behind right
- 4 Touch left out to left side
- 5-6 Step down on left bumping hips left twice and leaning to left
- 7 Hold
- 8 Lean back to centre

Section 2 Step kick right, step kick left, tap left twice, hold, and back left, back right

- 1-2 Step left forward, kick right forward
- 3-4 Step right forward, Kick left forward
- 5-6 Tap left forward twice
- 7 Hold
- &8 Step left back, and step right back

Section 3 Step forward, paddle ¼ right turn x3, left sailor step, right crossing shuffle

- 1 Step right forward
- &2 Hitch left making a ¼ turn right and point left out to left side
- &3 Hitch left making a ¼ turn right and point left out to left side
- &4 Hitch left making a ¼ turn right and point left out to left side
- 5-6 Cross left behind right. Step right to right side. Step left to place
- 7-8 Cross right over left. Step left to left side. Cross right over left.

Section 4 Left rock and recover, right weave, hold, unwind left ½ turn

- 1-2 Rock left out to left side, and recover on right
- 3& Cross left behind right. Step right to right side
- 4& Cross right over left. Step left to left side
- 5-6 Cross left behind right, and hold
- 7-8 Unwind ½ turn over left shoulder

Section 5 Step, touch, right ½ turning shuffle, step, touch, right ½ turning shuffle

- 1-2 Step left forward and touch right next to left
- 3-4 Shuffle step back making 1/2 turn right, stepping right, left, right
- 5-6 Step left forward and touch right next to left
- 7-8 Shuffle step back making 1/2 turn right, stepping right, left, right

Section 6 Left shuffle, touch, touch ¼ turn left, right shuffle, touch, ¼ turn right

- 1-2 Step forward left. Close right beside left. Step forward left
- 3 Touch right forward
- 4 Touch right to right side, making a ¼ turn left
- 5-6 Step forward right. Close left beside right. Step forward right
- 7 Touch left forward
- 8 Touch left to left side, making a ¼ turn right

Section 7 Left rock recover, ½ turn left and tap twice, left triple step, ½ turn right and tap twice

- 1-2 Rock left out to left side, and recover on right
- 3-4 Make a ½ turn over left shoulder and tap left twice in place
- 5&6 Triple step in place, stepping left, right, left.
- 7-8 Make a ½ turn over right shoulder and tap right twice in place

Section 8 Right chasse, left cross rock, left chasse, right rock back

- 1-2 Step right to right side. Close left beside right. Step right to right side
- 3-4 Cross rock forward on left, recover onto right
- 5-6 Step left to left side. Close right beside left. Step left to left side
- 7-8 Rock back on right, recover onto left