

For You And Me

40 count, 2 wall, beginner level

Choreographer: Angela Rushing (USA) Sept 2007
Choreographed to: Put A Little Love In Your Heart by
Billy Ray Cyrus, CD: Home At Last

Dance starts: 17 count intro (start on the words "Think")

FWD SKATE RIGHT, LEFT

1&2 Skate diagonally right, skate diagonally left
3&4 Repeat 1&2

R-SKATE BACK, L-SKATE BACK

5&6 Skate right back, skate left back
7&8 Repeat 5&6

CHARLESTON STEPS

9 Step forward on right
10 Kick left forward
11 Step back on left
12 Touch right behind

CHARLESTON STEPS

13 Step forward on left
14 Kick right forward
15 Step back on right
16 Touch left behind

SHUFFLE, ¼ TURN 2X

17&18 Shuffle right, left, right
19&20 Shuffle left, right, left
21&22 Step right foot fwd, making ¼ turn to the left
23&24 Repeat 21&22

SWIVEL 3X, FLICK

25&26 Swivel both heels diagonally left, swivel both heels diagonally right
27&28 Swivel both heels diagonally left, flick with right foot

SWIVEL 3X, FLICK

29&30 Swivel both heels diagonally right, swivel both heels diagonally left
31&32 Swivel both heels diagonally right, flick with left foot

"BOOGIE" BACK TOE HEEL STRUTS

33&34 Step back right toe diagonal, step heel down
35&36 Step back left toe diagonal, step heel down
37&38 Step back right toe diagonal, step heel down
39-40 Step back left toe diagonal, step heel down

Enjoy dancing and have fun! Show your best move.