

For The Longest Time

32 Count, 4 Wall, Improver

Choreographer: Monica Phillips (UK) Apr 11

Choreographed to: The Longest Time
by The Overtones

Start dancing on lyrics

Step Side Together, Chasse Right, Sailor Step, Behind Side Cross

- 1-2 Step right to side, step left together
- 3&4 Chassé side right, left, right
- 5&6 Cross left behind, right step right to side, step left to side
- 7&8 Cross right behind left, step left to side, cross right over left

Step Side Together, Side Close Side, Sailor Step, Sailor Turn ¼ Left, Step

- 1-2 Step left to side, close right together
- 3&4 Chassé side left, right, left
- 5&6 Right sailor step
- 7&8 Cross left behind right, step right, ¼ left step forward left

Touch Heel & Heel & Shuffle Forward, Heel & Heel Shuffle Forward

- 1&2 Touch right heel forward, step right back, touch left heel forward
- 3&4 Step right forward, cross left behind right, step right forward
- 5&6 Touch left heel forward, step left back, touch right heel forward
- 7&8 Step left forward, cross right behind left, step left forward

Mambo Forward Right, Mambo Back, Step Turn, ½ Left, Kick Ball Change

- 1&2 Rock right forward, step left back, step right in place
- 3&4 Rock left back, step right in place, step together left
- 5-6 Step right forward, turn ½ left (weight to left)
- 7&8 Kick right forward, step back in place, step left in place

- TAG:** END of 2nd wall
- 1-2,3&4 Walk right, left, right shuffle
 - 5-6,7&8 Step turn ½ right, run left, right, left
 - 9-16 Repeat last 8 counts

ENDING: End of wall 7 repeat 16 tag counts twice, turn to front to finish