

For The Lonely

32 count, wall, 4 intermediate/advanced level
Choreographer: Alan G Birchall (UK) May 2002
Choreographed to: This Is A Song For The
Lonely by Cher (Metro Radio Edit), Living Proof
CD (bpm: 138)

TOUCH RIGHT, TOUCH LEFT, STEP, CROSS UNWIND, $\frac{3}{4}$ SHUFFLE TURN, STEP, $\frac{1}{2}$ PIVOT (1 $\frac{3}{4}$ Total Turn Left)

- 1&** Touch Right To Right, Step Right By Left
2& Touch Left To Left, Step Down On Left (You Will Have Moved To The Left)
3-4 Cross Right Over Left, Unwind $\frac{1}{2}$ Turn Left (Facing 6 '0' Clock)
5&6 Make $\frac{3}{4}$ Shuffle Turn Left Stepping Left, Right, Left (Facing 9 '0' Clock)
7-8 Step Forward On Right, $\frac{1}{2}$ Pivot Left (Facing 3 '0' Clock)

Alternative For Steps 3-4, 5&6

3-4 *Cross Right Over Left, Unwind $\frac{1}{4}$ Turn Left (Weight Ends On Right Facing 9'0'Clock)*

5&6 *Shuffle Forward Stepping Left, Right Left.*

HEEL SWITCH'S, STEP $\frac{1}{4}$ PIVOT, CROSS BEHIND, LEFT HEEL JACK, CROSS, STEP, $\frac{1}{2}$ TURN, STEP

- 9&** Touch Right Heel Forward, Step Right By Left
10& Touch Left Heel Forward, Step Left By Right
11-12 Step Forward On Right Making $\frac{1}{4}$ Turn Left, Cross Left Behind Right (Facing 12 '0' Clock)
&13 Step Back On Right Diagonal, Extend Left Heel Forward
&14 Step Left By Right, Cross Right Over Left
15-16 Step Left To Left & Make $\frac{1}{2}$ Pivot Right On Ball Of Left, Step Forward On Right (Facing 6 '0' Clock)

STEP, LOCK, STEP, x2, TAP, SCOOT BACK, STEP, ROCK, RECOVER

- 17-18** Step Forward On Left, Lock Right, Step Forward On Left
19-20 Step Forward On Right, Lock Left, Step Forward On Right
21& Tap Left Toe Behind Right, Raising Left Toe Scoot Back On Right
22 Step Back On Left
23-24 Rock Back On Right, Recover On Left

STEP $\frac{1}{2}$ PIVOT, $\frac{1}{2}$ SHUFFLE TURN, ROCK, RECOVER, $\frac{3}{4}$ SHUFFLE TURN

- 25-26** Step Forward On Right, $\frac{1}{2}$ Pivot Left (Facing 12 '0' Clock)
27&28 Make $\frac{1}{2}$ Shuffle Turn Left Stepping Right, Left, Right (Facing 6 '0' Clock)
29-30 Rock Back On Left, Recover On Right
31&32 Make $\frac{3}{4}$ Shuffle Turn Right Stepping, Left Right, Left (Facing 9 '0' Clock)

Alternative For Steps 27&28, 29-30, 31&32

27&28 *Triple Step In Place Stepping Right Left, Right*

29-30 *Step Forward On Left, $\frac{1}{4}$ Pivot Right*

31&32 *Triple Step In Place Stepping Left, Right, Left.*