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Foot Loose

BEGINNER

64 Count

Choreographed by: Knox Rhine Choreographed to: My Maria by Brooks and Dunn

1 & 2 3 & 4	TAP-TAP, BEHIND-SIDE-IN FRONT Tap right toe forward-right Tap right toe farther forward-right Step forward-right with right foot Step across behind right leg with left foot Step to right side with right foot Step across in front of right leg with left foot
5 6 7 & 8	SLAP, STEP, BACK-LOCK-BACK Lift right leg up behind left leg and slap with left hand Step back-right with right foot Step back-left with left foot Step back-left across in front of left leg with right foot Step back-left with left foot
9 & 10 11 & 12	SHUFFLE - RIGHT-LEFT-RIGHT, RIGHT 3/4 TURN Step forward with right foot Step together with left foot Step forward with right foot Step 1/4 turn right with left foot Step 1/4 turn right with right foot Step 1/4 turn right with left foot
13 & 14 15	SHUFFLE BACK: RIGHT-LEFT-RIGHT, ROCK-STEP Step back with right foot Step together with left foot Step back with right foot Step back with left foot Rock forward onto right foot
17 & 18 19 & 20	TAP-TAP, BEHIND-SIDE-IN FRONT Tap left toe forward-left Tap left toe farther forward-left Step forward-left with left foot Step across behind left leg with right foot Step to left side with left foot Step across in front of left leg with right foot
21 22 23 & 24	SLAP, STEP, BACK-LOCK-BACK Lift left leg up behind right leg and slap with right hand Step back-left with left foot Step back-right with right foot Step back-right across in front of right leg with left foot Step back-right with right foot
25 & 26 27 & 28	SHUFFLE - LEFT-RIGHT-LEFT, LEFT 3/4 TURN Step forward with left foot Step together with right foot Step forward with left foot Step 1/4 turn left with right foot Step 1/4 turn left with left foot Step 1/4 turn left with right foot
29 & 30 31	SHUFFLE BACK: LEFT-RIGHT-LEFT, ROCK-STEP Step back with left foot Step together with right foot Step back with left foot Step back with right foot

33 S 34 F 35 T	CROSS, 1/2 TURN, HEEL-TOE-CROSS Step across in front of left leg with right toe Pivot 1/2 turn left on balls of both feet Touch left heel forward-left Place left toe next to right foot Step across in front of left leg with right foot
37 S 38 F 39 T	RE-CROSS, 1/2 TURN, HEEL-TOE-CROSS Step across in front of right leg with left toe Pivot 1/2 turn right on balls of both feet Touch right heel forward-right Place right toe next to left foot Step across in front of right leg with left foot
41 42 43	BACKWARDS 1/2 MONTEREY Touch right toe to right side Pivot 1/2 turn left on ball of left foot, place right foot next to left foot Touch left toe to left side Place left foot next to right foot
45 46 F 47	BACKWARDS 1/4 MONTEREY Touch right toe to right side Pivot 1/4 turn left on ball of left foot, place right foot next to left foot Touch left toe to left side Place left foot next to right foot
49 F 8 F 50 F 8 F 51 F 8 F 52 F	FAN & FAN & TOES-HEELS-HEELS-TOES Fan right toe to right side Return right toe to center Fan left toe to left side Return left toe to center Fan both toes out Fan both heels out Fan both heels in Fan both toes in
53 F & F 54 F 55 F & F 56 F	SINGLE APPLEJACKS: LEFT-RIGHT-LEFT-RIGHT/HOOK Fan left toe and right heel to left side Fan left toe and right heel to right side Fan right toe and left heel to right side Fan right toe and left heel to left side Fan left toe and right heel to left side Fan left toe and right heel to right side Fan right toe and left heel to right side Fan right toe and left heel to right side Fan right toe to left side and hook left heel across in front of right leg
57 \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	Step and face forward-left with left foot Step together with right foot Step in place with left foot Pivot 1/4 turn right on ball of right foot and step/face forward-right with right foot Step together with left foot Step in place with right foot
& S S S S S S S S S S S S S S S S S S S	ROGER RABBIT'S, ROCK-STEP Scoot back on right foot turning 1/8 left to face wall Step across behind right leg with left foot Scoot back on left foot Step across behind left leg with right foot Scoot back on right foot Step across behind right leg with left foot Rock forward onto right foot Rock back onto left foot
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